



USATF Oregon Association 5K Championships - March 7, 2010
Banks High School Track - Banks, OR
Results

| Overall Place | Race Time | Last Name | First Name | City | State | Age | Gender | Race Number | Age Group | Place in Age Group |
|----------------------|------------------|------------------|-------------------|-------------|--------------|------------|---------------|--------------------|------------------|---------------------------|
| 1 | 26:12.5 | Roberts | Nathaniel | Salem | OR | 14 | M | 2036 | Open | 1 |
| 2 | 27:59.2 | Frank | Rob | Banks | OR | 57 | M | 2030 | 50-59 | 1 |
| 3 | 28:06.6 | Grimes | Katie | Sherwood | OR | 46 | F | 2038 | 40-49 | 1 |
| 4 | 28:29.5 | Robeson | Dennis | Eugene | OR | 62 | M | 2035 | 60-69 | 1 |
| 5 | 28:40.1 | Novak | Bob | Seattle | WA | 60 | M | 2032 | 60-69 | 2 |
| 6 | 28:49.9 | Clark | Kelly | Ashland | OR | 21 | F | 2029 | Open | 1 |
| 7 | 29:46.1 | Opsahl | George | Lake Oswego | OR | 68 | M | 2040 | 60-69 | 3 |
| 8 | 29:48.8 | Bellerud | Nana | Gresham | OR | 50 | F | 2034 | 50-59 | 1 |
| 9 | 32:37.0 | Kale | Bart | Des Moines | WA | 53 | M | 2033 | 50-59 | 2 |
| 10 | 34:05.2 | August | Bertie | Portland | OR | 56 | F | 2037 | 50-59 | 2 |
| 11 | 34:39.2 | Chraminski | Stan | Seattle | WA | 62 | M | 2031 | 60-69 | 4 |
| 12 | 36:19.9 | MacPike | Ron | Milwaukie | OR | 77 | M | 2039 | 70-79 | 1 |
| 13 | 37:06.8 | Vaughn | Dick | Portland | OR | 79 | M | 2041 | 70-79 | 2 |

Judges: Marie VerMeer, Chief Judge (Master)
 Doug VerMeer (National)
 Anne Whitaker (National)
 Margaret Seewerker (Association)