



# Oregon Track & Field News

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## From The Editor

Gail Kleinke, Editor, Oregon Track & Field News

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Inside you will find the convention reports from the Oregon delegates. This year's USATF National Convention was held in Waikiki, Hawaii at the Sheraton Waikiki Hotel. The convention ran from Wednesday Nov 28 to Sunday December 2. Those that came before or after these dates, stayed at their own expense.

After reading their reports, if you have any questions, please feel free to contact the delegates at the email addresses listed.

First Vice President Glenn Fortune's report is listed on the website under 2007 L&L Report on the home web page (<http://www.usatf-oregon.org>). He recaps all the Law & Legislation actions on his report (which is lengthy).

Full Subsidy Delegates were: Jack Kegg (President) Glenn Fortune (1<sup>st</sup> Vice President) Roger Hall (2<sup>nd</sup> Vice President) Harry Simonis (Executive Director) Bob Latham (LDR Chair) Rose Schlewitz (Masters Chair) Jim Bean (Race Walk Chair) and Gail Kleinke (Secretary and Youth Chair).

Partial Subsidy Delegates are: Dave Clingan (Masters) Carol McLatchie (LDR, Masters, misc) Laura Schwartz (LDR, Masters, misc) and Jerry Jackson (Officials Chair)

Those that stayed later experienced a storm not unlike the storm that hit Oregon. On the North Shore of Oahu, roads and electricity were out, the winds were 40 to 50 mph, trees were uprooted and the waves were cresting at 30 ft on the north shore.

But it was warm.....

Advertising per issue: Business card	\$ 25.00
1/4 page	\$ 35.00
1/2 page	\$ 75.00
Full page	\$125.00

Send your information to:

Oregon Track & Field News  
c/o Gail Kleinke  
Ph (503) 581-7424

email: [otfnews@yahoo.com](mailto:otfnews@yahoo.com)

Deadline for May 2008 issue is April 15, 2008

# 2008 MEMBERSHIP RENEWAL TIME

USATF members can now register on-line by visiting our website at <http://www.usatf-oregon.org>

By following the simple instructions, registrants will immediately be able to print a welcome confirmation letter with their membership number for the year noted.

The system will automatically transfer the new membership information to the fulfillment house so members receive their plastic wallet size permanent card promptly.

Benefits for our members who register on-line will be:

- Membership confirmation letter and number received immediately
- Members can renew yearly without having to retype their information
- Members can update their contact information at any time
- Members will have access to the exclusive Members-Only area of the USATF website. There are many 'members only' discounts offered.
- Members need to check the website regularly as new discount advantages are added as they are acquired.
- Athletes, parents, coaches or club secretaries can enter their individual member's information as necessary.
- Register ONLINE and save \$2

Keep in mind, with the new on-line registration capability, Association, Regional and National Championship events that require a USATF membership number will NOT be accepted or processed without the athlete membership number noted in the appropriate box.

See next page for Membership Fees.

## USATF of Oregon Board of Directors



### Executive Committee

President (503) 705-0469	Jack Keggs <a href="mailto:jackk@eou.edu">jackk@eou.edu</a>
1 <sup>st</sup> Vice President (541) 782-3771	Glenn Fortune <a href="mailto:glenfor@q.com">glenfor@q.com</a>
2 <sup>nd</sup> Vice President (503) 656-0593	Roger Hall <a href="mailto:HALLRO24@aol.com">HALLRO24@aol.com</a>
Secretary (503) 581-7424	Gail Kleinke <a href="mailto:otfnews@yahoo.com">otfnews@yahoo.com</a>
Past Pres. (503) 656-0593	Roger Hall <a href="mailto:HALLRO24@aol.com">HALLRO24@aol.com</a>
Exec Director Membership	Harry Simonis (541) 504-1077 <a href="mailto:usatforegon@msn.com">usatforegon@msn.com</a>

### Committee Chairpersons

Athletes Advisory	open
Budget & Audit (503) 656-0593	Roger Hall <a href="mailto:HALLRO24@aol.com">HALLRO24@aol.com</a>
Coaches Ed (503) 266-1576	Tom Millbrooke <a href="mailto:millbrot@canby.k12.or.us">millbrot@canby.k12.or.us</a>
College Coaches Liaison (503) 434-2410	Garry Killgore <a href="mailto:gkillgor@linfield.edu">gkillgor@linfield.edu</a>
Course Certification (541) 383-2002	Carol McLatchie <a href="mailto:mclcarol@msn.com">mclcarol@msn.com</a>
HS Coaches Liaison (503) 492-9793	Doug Bowman <a href="mailto:teamoregon@comcast.net">teamoregon@comcast.net</a>
Law & Legislation (541) 782-3771	Glenn Fortune <a href="mailto:glenfor@q.com">glenfor@q.com</a>
Marketing/Publicity (503) 581-7424	Gail Kleinke <a href="mailto:otfnews@yahoo.com">otfnews@yahoo.com</a>

Masters T&F (541) 928-3644	Rose Schlewitz <a href="mailto:rosebrierjunc2@peak.org">rosebrierjunc2@peak.org</a>
Mens/Womens T&F (503) 705-0469	Jack Keggs <a href="mailto:jackk@eou.edu">jackk@eou.edu</a>
Officials (541) 746-0605	Jerry Jackson <a href="mailto:usatrkho@comcast.net">usatrkho@comcast.net</a>
Open/Masters LDR (541) 382-1927	Bob Latham <a href="mailto:boblatham@bendcable.com">boblatham@bendcable.com</a>
Race Walking (503) 743-2663	Jim Bean <a href="mailto:beanjbean@aol.com">beanjbean@aol.com</a>
Record/Stats	
Rules (541) 782-3771	Glenn Fortune <a href="mailto:glenfor@q.com">glenfor@q.com</a>
Youth (503) 581-7424	Gail Kleinke <a href="mailto:otfnews@yahoo.com">otfnews@yahoo.com</a>

## Membership Fees

Beginning November 1, 2006, USATF implemented standard membership fees for adult and youth memberships as well as multi-year discounts for adult memberships. The approved fees and related items are summarized in the chart and notes below:

Membership Fees	
<b>Youth</b>	
1 Year Membership	19.95
<b>Adult</b>	
1 Year Membership	29.95
2 Year Membership	54.95
3 Year Membership	79.95
4 Year Membership	99.95

Notes: All online membership transactions will be charged the fees listed above;  
Oregon members registering online will save \$2 – all ages

Investment of incremental revenue generated via the national allocation  
The incremental increase in revenue generated from higher national allocations will be invested to help elevate programs and services that are aimed at enhancing the experience and interaction individuals have as members of USATF. Specifically, the following enhancements are scheduled to be implemented to achieve these goals:

#### Member Benefits

- Permanent membership card (in process)
- Discounted multi-year memberships
- 12-month memberships (in process)
- Added service & communications to improve customer satisfaction
- Additional discounts and special offers for members

#### Infrastructure improvements for Grass Roots Initiatives

- Integrated web-based system that offers organization-wide ranking systems and results compilation capabilities
- Improved on-line calendar and event entry processes
- Support for the USATF Criminal Background Check program, including providing D&O Insurance coverage for all Associations and a training workshop for all screening agents
- Create a club handbook to assist club and event management
- Create a new club benefit package and more website access and support
- Enhancements to America's Running Routes functionality
- Hire a staff person to assist with web-based improvements, including creation of a club management and sanctioned event management system

#### Marketing & Branding of Grass Roots Programs

- Promotion of USATF memberships with new print and broadcast materials
- Promotion of USATF grass roots championships events and programs to attract new participants and members
- Assist the Associations in the marketing of their events
- Partner with publications to promote USATF programs at all levels of the sport
- Support USATF "OnTheRoads" – a traveling USATF-branded promotional vehicle
- Hire a staff person directly responsible for coordinating the new marketing & branding initiatives

#### Committee-based projects

Support viable national committee initiatives which help achieve the grass roots goals of the USATF (or committee) strategic plan(s)



**USATF MEMBERSHIP APPLICATION**

USA Track and Field's mission is to continue its leadership role as the preeminent national governing body in Athletics-from the grassroots to the elite level. USA Track & Field provides opportunities for athletes of all ages to pursue excellence in long distance running, race walking, and track and field in the USA.

[ ] New membership  
 [ ] Renewal ( last membership # \_\_\_\_\_ )

Sex: \_\_\_\_\_ Age: \_\_\_\_\_

DOB: \_\_\_\_\_

USA Citizen: Yes [ ] No [ ]

If No, list country: \_\_\_\_\_

Phone # : \_\_\_\_\_

Club # : \_\_\_\_\_ Club Name: \_\_\_\_\_

Please PRINT or TYPE all information

- Use two numerals for date of birth:  
February 2, 1963 is 02-02-63; November 17, 1953 is 11-17-53
- If you are not a USA citizen, indicate the country of which you are a citizen in the space provided.
- Identify ALL areas of the sport in which you intend to participate, using the codes on this form.

**For Youth Athletes:**

- Coaches may sign with expressed permission of parent
- New or lapsed membership MUST submit a photocopy of birth certificate or other identification.
- Athletes must use their home address only.

*Please check the code definitions below ...*

Circle up to six membership codes here.

**AY AO AV AD CH C1 C2  
C3 DA OF OA ON OM PA**

Please circle all applicable sports codes.

**T F RR U RW XC**

Last Name \_\_\_\_\_ First \_\_\_\_\_ Initial \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

*By signature below, I, a prospective member of USA Track & Field, agree to abide by the applicable USATF Bylaws, Operating Regulations, and Rules of Competition for my level(s) and category(ies) of membership.*

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

**Membership Category Codes**

<b>AY</b> = Athlete-Youth (0-18)	<b>C1</b> = Coach, Level I Cert.	<b>OA</b> = Official- Assoc. Cert.
<b>AO</b> = Athlete-(19-39)	<b>C2</b> = Coach, Level II Cert.	<b>ON</b> = Official- National Cert.
<b>AV</b> = Athlete Masters (40+)	<b>C3</b> = Coach, Level III Cert.	<b>OM</b> = Official- Master Cert.
<b>AD</b> = Administrator	<b>DA</b> = Disabled Athlete	<b>PA</b> = Parent
<b>CH</b> = Coach Uncertified	<b>OF</b> = Official- Uncertified	

**Sport Codes**

- T** = Track events
- F** = Field events
- RR** = Road running
- U** = Ultra running
- RW** = Race walking
- XC** = Cross country

**Payment by VISA/MasterCard**

**Print, fill out,  
and send to:**

USA Track & Field of Oregon  
 P O Box 856  
 Terrebonne, OR 97760  
[usatforegon@msn.com](mailto:usatforegon@msn.com)

Expiration Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

\_\_\_\_\_  
 Printed card holder name

\_\_\_\_\_  
 Card holder signature

Amount Enclosed:

\$ \_\_\_\_ .00 **Membership Fee**

\$ \_\_\_\_ **Tax Deductible Contribution**

\$ \_\_\_\_ **Total Fees**

## Track Clubs In Oregon

(PLEASE CHECK WEBSITE FOR FULLY ACCREDITED CLUBS\*\*\*)

<u>Albany (area code 541)</u>					
Valley Velocity	Michael Potter	928-4792		Speed Unit	Roger Hall 656-0593
<u>Athena (area code 541)</u>				Mustang Track Club	Fred Crowe 631-8246
Athena-Weston Lightning	Jessica Minkler	566-9206		<u>Newberg (area code 503)</u>	
<u>Beaverton (area code 503)</u>				none	
Beaverton Track Club	Terry/Bruce Rife	579-8816		<u>Newport (area code 541)</u>	
Bowerman Athletic Club	Tom Redding	671-3953		Yaquina Track Club	John Ball 574-2023
Club Vault	Jerry Cash	524-5078		<u>Oakridge (area code 541)</u>	
EventMgnt.com	Gordon Lovie	643-9440		none	
Team Athena	Kathy Vanasse	579-9198		<u>Oregon City (area code 503)</u>	
<u>Bend (area code 541)</u>				Willamette Striders TC	Rick Baggett 722-0861
Central Ore Run Klub	Bob Latham	382-1927		<u>Pendleton (area code 541)</u>	
Central Ore TC	Lisa Nye	410-5361		Round Up City Racers	Mark Christensen 278-1546
FreshAirSports	Gina Miller	318-7388		<u>Philomath (area code 541)</u>	
High Desert Harriers	Carol McLatchie	383-2002		Timberhill Harriers	Joe Fulton 929-5047
<u>Broadbent (area code 541)</u>				<u>Portland (area code 503)</u>	
Zephyr's Track Club	Stan Stewart	572-2815		Albina Road Runners	Phil Walden 254-7025
<u>Canby (area code 503)</u>				Allegiance Athletic Club	James Johnson 806-0231
Canby Track Club	Tom Millbrooke	266-1576		Complete Running Programs	Sean Coster 593-1396
<u>Clackamas (area code 503)</u>				CYO / Track Club	Michael Bergmann 703-5399
Cavs Track Club	Mike Jette	788-2186		Distance Running Guidance	Bob Williams 643-6184
<u>Coos Bay (area code 541)</u>				MAC/Portland TC	Jonathon Knutson 572-8196
Pre Track Club	Francine Worthen	269-1024		Oregon Cross Country	Dave Clingan 231-0530
<u>Corvallis (area code 541)</u>				Oregon Throwers Academy	Mac Wilkins 780-7310
Corvallis Running Project	Sean Hunter	905-4729		PSA Youth	Craig Rice 460-2612
Mac Forest Mud Runners	Meghan Arbogast	223-1275		Portland Masters TC	Paul Stepan 666-8950
<u>Cottage Grove (area code 541)</u>				Portland Running Club	Paula Harkin 524-7570
Lion TC	Mike Grover	942-1622		Portland Track Club	Askia Brown (971) 563-8808
<u>Eagle Creek (area code 503)</u>				Portland West RC	Melissa Hill 291-9311
Lickety Splits	Jennifer Thom	637-3406		P. R. C. Turbo Chics	Robin Vesey 293-1069
<u>Eugene (area code 541)</u>				Race walkers NW	Anne Whitaker 223-7267
Eugene Health & Performance Fndtn.				RunwithPaula	Paula Rafkin 691-6888
Richard L Brown, PhD	www.healthand performance.com			Team Red Lizard	Torrey Lindbo 236-9160
Eugene Running Club	Cathie Bellamy	343- 4841			<a href="http://www.teamredlizard.com">www.teamredlizard.com</a>
Emerald Valley TC	James McWilliams	485-7334		Warner Pacific TC	Dave Lee 517-1342
Eugene Running Co Perf	Michael Black	485-8042		WesternWomenGoTheDistance	Karen Karavanic 233-3669
Oregon Track Club	Mike Olsen	344-9664		Westside Vault (& Track)	Bob McCormick 292-2212
Oregon TC Elite	Ross Krempley	579-8326		Wonders of Walking, LLC	Judy Heller 282-1677
OTC, Inc.	Frank Lulich	343-8604		<u>Roseburg (area code 541)</u>	
OTC Masters	Richard Lamster	343-7247		Oregon South TC	Rick Weaver 863-5776
Raising The Bar Vault Club	Dan West	461-7956		<u>Salem (area code 503)</u>	
Sporthill Track Club	James Hill	345-9623		Salem Track Club	Inga Ruddell 845-6050
Team Eugene	Matthew Lonergan	343-5099		Team GFR	Susan Gallagher 364-4198
Team XO	Ross Krempley	579-8326		Vertical Vault Club	Paul Wilson 393-2810
Track City Track Club	George Classen	345-8122		<u>Sandy (area code 503)</u>	
UO Running Club	Tom Heinonen	344-0498		Team Oregon, USA	Doug Bowman 869-4583
<u>Forest Grove (area code 503)</u>				<u>Sherwood (area code 503)</u>	
none				Robin Hood TC	Amy Schutte 625-1431
<u>Gold Hill (area code 541)</u>				<u>Silverton (area code 503)</u>	
Team Rock Star-So Oregon	JJ Moses	601-1626		Silverton Runners Club	Steven Ritchie 845-1801
<u>Gresham (area code 503)</u>				<u>Springfield (area code 541)</u>	
Barlow Youth	Andrea Anderson	674-4999		2Rivers Track Club	Aaron Lamb 912-4898
Dare to Dream TC	Kathleen Johnson	762-1682		<u>Stayton (area code 503)</u>	
Gresham Blu By Y	Chris Koenig	663-5509		Stayton Rd Runners	Mike Bauer 769-2650
Super Thrower TC	Dean Crouser	669-8747		Peak Performance	Karen Roush 585-5555
<u>Hermiston (area code 541)</u>				<u>Talent (area code 541)</u>	
none				Rogue Valley TC	Don Gray 535-2400
<u>Hood River (area code 541)</u>				<u>The Dalles (area code 541)</u>	
none				Friends of Cross Country	Bob Thouvenel 298-1119
HRV Track Club	Shawn Meyle	490-7598		<u>Tigard (area code 503)</u>	
<u>Junction City (area code 541)</u>				Tigard Youth Track	Ralph Greene 706-5355
None				Crusader Harriers	Thomas Rothenberger 524-7711
<u>Lake Oswego (area code (503)</u>				<u>West Linn (area code 503)</u>	
X Dog Events	Kevin Foreman (971)	563-1671		none	
<u>McMinnville (area code 503)</u>				<u>Wilsonville (area code 503)</u>	
McMinnville TC	Corey Medeiros	472-4639		Hamilton Events	Steve Hamilton 643-9440
<u>Medford (area code 541)</u>				Wilsonville Track Club	Josh Finck 682-0917
So. Oregon Sizzlers	Mike Barrett	779-1214		<u>Woodburn (area code 503)</u>	
<u>Milwaukie (area code 503)</u>				Valley Track Club	Gary Kosikowski 982-2973

\*\*\* Approved Coaches List can be found at

[www.usatf.org/about/programs/backgroundchecks/info.asp?associationNumber=37](http://www.usatf.org/about/programs/backgroundchecks/info.asp?associationNumber=37)

Contact the USATF of Oregon Association Office to find out more on registering your club.

Email: [usatforegon@msn.com](mailto:usatforegon@msn.com)

<http://www.usatf-oregon.org>

(541) 504-1077

## Masback to leave USATF after 10 years of service, will join Nike in Global Business Affairs role

01-09-2008

Contact:  
[Jill Geer](#)  
Director of Communications  
USA Track & Field  
317-713-4663

INDIANAPOLIS - USA Track & Field CEO Craig A. Masback is departing USATF after leading the organization for more than 10 years, USATF President Bill Roe announced Wednesday. Masback will become Director of Business Affairs for Nike's Global Sports Marketing Division and will transition to his new position over coming weeks and months.

In his decade of service as CEO of USATF, Masback has helped oversee the rebirth of the organization. Shortly after taking over as CEO, Masback and USATF established the nationally televised Visa Championship Series and began an Elite Athlete Services Department that revolutionized governing body/athlete relations. Masback also worked with the organization's Board of Directors to institute one of the sporting world's first "Zero Tolerance" anti-doping policies, and vastly expanded the grass-roots services provided by the National Office. Since 1997, Team USA also has steadily seen its medal tally at World Championships and Olympic Games grow from an average of 17-19 to 25 medals or more at the last Olympics and last two World Championships.

"Craig has been a great leader of our sport," said Roe. "As a former athlete, he understood what would make a difference for our athletes and coaches. As a businessman and lawyer, he helped professionalize our operation at every level. We wish him well at Nike."

"I have said from Day 1 that this has been my dream job," said Masback, who was hired in July 1997. "Leading the organization out of financial difficulty, convincing new sponsors to come on board, establishing new events and TV properties, finding new partners, expanding our programs on the grass roots level and tackling the challenges presented by doping have been immensely challenging and, ultimately, immensely rewarding. I couldn't have done it without the work of a dedicated staff and the enthusiasm and expertise of our volunteer community. After 10 years, it's time for me to embrace a new challenge."

### Record growth

Masback oversaw 10 years of rapid growth and development within USA Track & Field as an organization and across the sport of track and field nationwide. Among the significant milestones and developments:

- Growth of the annual USATF budget from \$6.7 million (1997) to more than \$17 million (2008), fueled by a significant expansion of sponsor revenues. This allowed USATF to

eliminate a \$3.2 million deficit and establish net assets in excess of \$3.3 at the end of 2007.

- Establishment of the Visa Championship Series (formerly the Golden Spike Tour) in 1999. The Visa Championship Series has provided USATF's professional athletes with quality domestic competitions, significant prize money and increased visibility via coverage in over 100 TV programs on NBC, CBS, and ESPN.
- Growth in attendance at domestic track meets, with record attendance being set at the Olympic Trials, Penn Relays, Texas Relays, Drake Relays, and most other top meets over the past eight years.
- Establishment of the Zero Tolerance anti-doping policy in 2003, which expanded on USATF's anti-drug efforts that were first launched in 1989.
- Establishment of an Elite Athlete Department which overhauled USATF's relationship with and services for professional athletes.
- Rebirth of American distance running on the elite level and increased participatory growth on the grass roots level in road running and school-based track and field.
- Emergence of charity running as a powerful economic force, as charted annual by a USATF survey that indicates annual funds raised approaching \$800 million.
- Increase in the number of USATF registered clubs to 2,500 and the number of USATF-sanctioned races and events to more than 5,000.
- Establishment of "America's Running Routes", an online mapping service featuring over 185,000 running routes around the country.

"It's been my privilege to work on behalf of the sport that gave me so many opportunities in life," Masback said. "I hope to be able to continue to contribute to the bright future of track and field in some capacity in the coming years."

Masback will join Nike as the Director of Business Affairs for Global Sports Marketing. In this new role he will negotiate and manage Nike's contractual relationships with athletes, sports leagues, federations and teams around the world.

USATF's search for a new CEO will begin immediately Roe said.

USATF of Oregon General Meeting  
Red Lion Hotel, Salem, OR  
Sept 23, 2007

Attendance:

Harry Simonis, Laura Schwartz, Dorian Watts, Rob Kelley, Doug & Cheryl Bowman, Jim Bean, Jerry Westfall, Tom Millbrooke, Jack Kegg, Laura Schwartz, Roy Bridgemon, Rod Wood, Rose & Jim Schlewitz, Carol McLatchie, Dan Joynt, Dave Clingan, Penny Jackson, Gail Kleinke

Minutes of May 4<sup>th</sup>, 2007

Tom Millbrooke motioned to approve. Jerry Jackson 2<sup>nd</sup>. Approved as submitted.

Executive Director Report (Harry Simonis)

President and Executive Director attended the National Workshop in August in Baton Rouge. One of the key issues discussed was for officials to get Membership cards which provide insurance coverage for any incidents occurring at sanctioned meet events.

Coaches Ed (Tom Millbrooke):

Level 1 at Canby HS Jan 11-13<sup>th</sup> 2008 Registration online [usatf.org/resources/coaches/education/level1/](http://usatf.org/resources/coaches/education/level1/) then find the Canby HS link.

Course Certification (Carol McLatchie):

2 new courses certified in Bend area. Contact Carol if you need your course certified.

High School Liaison (Doug Bowman)

Officials Class to help high school coaches get volunteers ready for 2008 track season.

L&L (Glenn Fortune)

Adding grievance procedures to our association bylaws so we are in line with the national office bylaws. Glenn to send the current bylaws to Gail for posting to website and anyone with any requests for changes send it to Glenn.

Officials (Jerry Jackson)

6 clinics; 30 new officials. Some of the problems from before are still not complete with their official's cards and they are still working with it. Once Olympics are over, everyone has to get recertified again so this problem is almost over.

A possible clinic is planned for October or November.

Race Walk (Jim Bean)

Planning a bid for a 1 hr race walk for next year. Also possibly a bid for March 20km World Cup race.

Records/Stats (Gail Kleinke)

Nothing

Rules (Glenn Fortune)

There are many items to go through to bring into compliance with IAAF mandates.

Masters (Rose Schlewitz)

Rose suggested, that the Bend people reform the committee to help Harry Simonis and Bob Latham with next years meet.

2008 Masters Track Meet Schedule

- Hayward Classic Aug 2-3
- PMTC Classic June 27-28
- NW Masters Regional Seattle WA July 19-20
- Natl Outdoor Meet in Spokane, WA Aug 7-10
- Bend Track Meet May 17<sup>th</sup>

Open Men/Women (Jack Kegg)

Approached to host National Club Champs after the Olympic Trials. (There is also talk of a 1-day meet at Hayward to bring all the athletes back after the trials and before they go to Beijing. An Octothon Meet might possibly be held on the east side of state to hopefully get athletes qualified for Youth World Team or National Jr Meet.

Youth (Gail Kleinke)

Set Youth Calendar, made changes to XC Developmental Brochure.

Indoor (Gail Kleinke)

State fairgrounds trying to think outside the box to make it sustain itself. Added sports events.

Background Checks

Coaches that pass the background will be getting credential badges. These badges will be mandatory for the coaches to wear at all meets and practices.

Youth Travel Funds

Youth clubs will be assisting as officials/helpers at the NW Youth Classic and the Oregon Relays.

Bylaws update (Glenn Fortune)

Various voting procedures were discussed and consensus agreement was to follow the procedure as we presently have it set up. Club renewals will receive info that they should be at meetings. Changes in Bylaws- grievance panel; conflict of interest, code of ethics. Per National Office Guidelines, Association Grievance Panel Members may not include Board and Committee Chair Person.

New Business

Future Natl Convention criteria

The points system for possible national delegates has to be more defined to make it fairer. Thinking of increasing value points for attending meetings.

2008 Natl Convention in Reno.

2008 Meeting schedule

- February 24, 2008 Salem
- June 1, 2008 Salem
- Sept 20-21, 2008 Coast Area TBA

USA Track & Field  
Board of Directors Meeting Draft Minutes  
September 23, 2007  
Red Lion Hotel Salem, OR

Attendance:

Tom Millbrooke, Glenn Fortune, Carol McLatchie, Laura Schwartz, Rod Wood, Jim Bean, Becky Sisley, Jerry and Penny Jackson, Doug & Cheryl Bowman, Harry Simonis, Gail Kleinke, Rose & Jim Schlewitz, Dave Clingan, Dan Joynt, Jack Kegg

Minutes from BOD Meeting March 4, 2007: Glenn Fortune moved to accept the minutes as written. Tom Millbrooke 2<sup>nd</sup>. All approved.

Executive Director Report (Harry Simonis)

Financial Report:

Membership:	(2284)
Registered Clubs	(75)
Sanctions	(81)
Check Book Balance	6910.48
Indoor Acct Balance:	4271.00
Officials Acct Balance:	5145.97
Bend Track Meet Balance:	2185.09
Accts Payable (Visa):	-12758.81
GP Prize Money Designated Acct:	6400.00

National Workshop Baton Rouge

Code of Conduct Statement and Code of Ethics need to be added to our bylaws. Natl office will be sending outline for us to follow.

Old Business:

Indoor Report (Gail Kleinke)

State Fairgrounds seeking to improve their financial status by adding sports events. There is a possibility of USATF of Oregon being involved with an indoor track program.

Criminal Background (Harry Simonis)

Almost in full swing nationwide.

Coaches Credentials

Motion (Gail Kleinke) to make it mandatory for all cleared coaches/volunteers working with youth athletes to wear a badge provided by the assn for all to see that this coach/volunteer is approved. Doug 2<sup>nd</sup>. Motion passes with a picture of the coach to be on the picture identification credential. Questions regarding costs. Prices to be investigated.

Bylaw Update (Glenn Fortune)

Natl Office says there should be a boilerplate bylaw write up for the Grievance Procedure so that we bring our assn up to date. Glenn would like some direction for the L&L Committee to take on the following:

Voting Procedure  
Club Representation  
Change in Bylaws  
Minimum Standards for Clubs and attending meeting

The Board of Directors directed L&L to continue the bylaws so that we are a club driven assn similar to what we now have and not pursue the 1 person-1 vote or the 1 club-1 vote system.

L&L Committee (Glenn Fortune)

There are presently 2 members (Glenn Fortune and Carol McLatchie). A third person is needed. President Jack Kegg will appoint a 3<sup>rd</sup> person to the committee. Association Grievance Committee needs to be included in our bylaws.

New Business

Grievance Committee

Need to find 3 alternates to our Grievance Committee. It would be a good idea to have an attorney as one of these alternates. Also, alternates could be outside of the USATF association as a neutral person.

Sanctions Association Level

There needs to be a special sanction fee for small meets. Minimum fee is set too high for these. For meets with from 1-50 athletes. Motion by Tom Millbrooke to establish a fee structure for 1-50 athletes to help these meet costs. 2<sup>nd</sup>. All approve.

Future Convention Criteria (Jack Kegg)

Need to adjust the point schedules for those that work assn meets so the points are fairer. Might increase points on attending meetings for the assn.

2008 Natl Convention Reno Dec 3- Dec 7th

Silver Legacy is Headquarter Hotel. Will be looking at hotels for cheaper costs.

2008 Meeting Schedule- 5 year plan

- February 24, 2008 Salem
- June 1, 2008 Salem
- Sept 20-21, 2008 Coast Area TBA

Newport or Grand Ronde possible sites

Assn Expenses for National Convention

Would like to look into getting a loan with a low interest versus always putting the expenses on the credit card, which has very high interest rates.

Olympic Trials are June 27 to July 6<sup>th</sup>

State Games are July 12 & 13<sup>th</sup>

990s CPA

Gail looked into how much it would cost for a CPA to do the assn 990s. \$1000 for CPA to do. Harry Simonis and Gail Kleinke completed the forms needed without the CPA.

Officials USATF Membership

Officials are not covered working at the meets, but now there is an insurance policy to cover officials so they should become members.

Coaches Ed Level 1 Online (Tom Millbrooke)

Jan 11-12-13 at Canby Online registration. Tom will direct them to the website and tell them where to find the info.

Audio/Video of each meeting

At the National Office it was recommended to tape the association's meetings.

Multiple Office Positions by One Person  
Jack kegg states that we need to get more people involved rather than have 1 person do multiple positions.

Gallery Input at BOD meetings  
President Jack Kegg reminded non-board members attending the Board of Director Meetings, that they must be recognized by the meeting moderator before making comments or suggestions.

Meetings  
Should be rotated to different locations each year. Harry will investigate Sisters, Bend, and Redmond area.

- 2008 at the Coast
- 2009 Central Oregon
- 2010 Northern Oregon.
- 2011 Southern Corridor.

Adjourned at 11:15 am.

## Coaches Education

Tom Millbrooke, Chair [milbrot@canbyk12.or.us](mailto:milbrot@canbyk12.or.us)

The coaching education program provides educational opportunities for all levels of coaches, from grass roots to the elite level. The program is comprised of three progressional levels, each of which has the following components:

- Sport Science  
Extensive instruction in sport science is covered in order to provide a scientific basis of understanding for rational development of technique and training programs. The sport science portion has been developed by the American Coaching Effectiveness Program (ACEP) and the USATF National Coaching Education Committee. It includes sport psychology, pedagogy, and sports medicine.
- Technical, Event-Specific Instruction  
Throws, jumps, sprints/hurdles, and endurance events are all covered at the basic level in this school. Event-specific instruction is progressive in nature. Consequently, at Levels 2 and 3, each event is covered in greater depth and detail than the previous level.
- Hands-on Training  
Experience is the best teacher. Minimum standards of practical experience are expected of participants at each level.



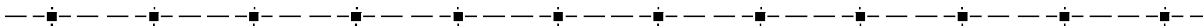
### Education Levels

- Developmental - Association-based, introductory course that offers a grass roots overview of the sport and coaching.
- Level 1 - basic knowledge course that emphasizes rules, basic mechanics, and teaching progressions.
- Level 2 - more in-depth training in an event specific group (sprints/hurdles/relays, endurance, jumps, throws, combined events).
- Level 3 - very high-level seminar structure educational experience in a specific event area.

### Other Opportunities

- Scholarship - Minority Women Coaching Education Scholarship.
- Special Programs - USATF will occasionally sponsor or support special clinics or programs.
- Advanced Event Summits - very high-level seminars focusing on a specific event group.

Please refer to [www.usatf.org](http://www.usatf.org) for more information.



USAT&F Level 1 coaching school at Canby Jan. 11th, 12th, and 13th, 2008.

Registration and schedule information is online  
through the national office website  
under resources, coaches, education and level 1.

# Eugene set to host 2012 U.S. Olympic Team Trials and '09, '11 Championships

Contact:  
[Jill Geer](#)  
Director of Communications  
USA Track & Field  
317-713-4663

12-12-2007

EUGENE, Ore. - USA Track & Field and the U.S. Olympic Committee on Wednesday announced their intent to host the 2012 U.S. Olympic Team Trials - Track & Field in Eugene, Oregon, USATF CEO Craig Masback announced Wednesday. The announcement was made at an afternoon press conference on the University of Oregon campus.

Eugene, which next year will host the 2008 U.S. Olympic Team Trials - Track & Field, also will host the 2009 and 2011 USA Outdoor Track & Field Championships, Masback announced.

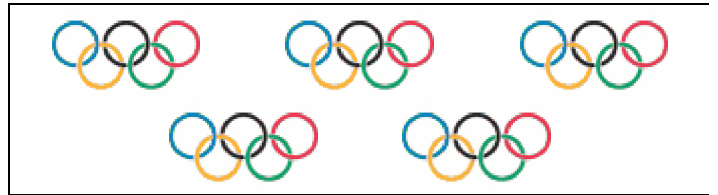
Site of the 1972, '76, '80 and 2008 U.S. Olympic Team Trials - Track & Field and the 1999 and 2001 USA Outdoor Track & Field Championships, the University of Oregon's Hayward Field will be the site of the 2012 U.S. Olympic Team Trials, where the roster for Team USA will be selected for the 2012 Olympic Games in London. In 2009, Team USA will select its roster for the 2009 IAAF World Outdoor Championships in Berlin, Germany, and 2011 will see the selection of the American squad for the 2011 IAAF World Outdoor Championships in Daegu, South Korea.

## Heading back to Track Town

The Oregon Track Club, along with its partners the University of Oregon, local and state government, corporate sponsors and the local community, is the official host for the three championship meets. In its successful bid for the 2008 U.S. Olympic Team Trials - Track & Field, the Oregon Track Club and Eugene '08 local organizing committee put their focus on enhancing the experience for athletes and coaches, while providing a celebratory atmosphere for fans and the community. It is that approach that helped convince USATF to return to Track Town, USA, for four of the next five years.

"The commitment of Eugene, its local organizers and the entire community to track and field is unprecedented," Masback said. "Ticket packages for the 2008 Trials sold out months ago, and already you can feel a buzz in the air here about the event, from the banners at the airport to the construction going on at Hayward Field. There is no place quite like Track Town, USA, and we look forward to returning here as we move through the next Olympic Games cycle."

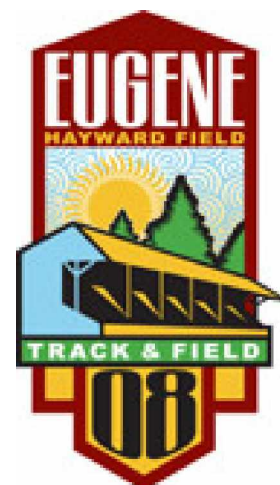
"The magnitude of the U.S. Olympic Team Trials for track and field deserves a host that is passionate about the sport and that can provide the best competitive environment," said Steve Roush, USOC Chief of Sport Performance. "The U.S. Olympic Committee is confident that the city of Eugene is ready to demonstrate that next year and we look forward to a continued partnership with USA Track & Field and Eugene in making the 2012 U.S. Olympic Team Trials even better."



For 2008, Eugene is expanding seating at Hayward Field, upgrading the competition and warm-up areas, upgrading media facilities and staging expansive new athlete programs. The site of the most prestigious invitational track meet in the country, the Nike Prefontaine Classic, Eugene has long been dubbed "Track Town, USA" for its rich track and field history and the community's appreciation of the sport. The Nike Prefontaine Classic regularly draws standing-room-only crowds, while athletes consistently rate Hayward Field as having one of the most compelling atmospheres of any stadium in the world.

"We like to think that Eugene is the spiritual home for track and field in the United States, and we wanted to make it the physical home, as well," said Vin Lananna, associate athletic director at the University of Oregon, which also will host the 2010 NCAA Outdoor Championships. "Bringing the USA Championships and U.S. Olympic Team Trials back to Hayward Field for multiple years was a huge priority for us. We are thrilled with the news announced today."

The largest national championship track meet in the world, the U.S. Olympic Team Trials - Track & Field hosts more than 1,000 athletes as they compete for the right to represent Team USA at the Olympic Games. More than 350,000 fans attended the last two U.S. Olympic Trials in Sacramento, and at each edition of the meet, more than 1,000 members of the media from around the world cover the event while thousands of volunteers and officials provide support.



USA Track & Field National Convention Report-Hawaii  
Harry Simonis, Executive Director, USATF/Oregon  
[usatforegon@msn.com](mailto:usatforegon@msn.com) 541-504-1077

My 'Convention week' started on Sunday evening, November 25<sup>th</sup> by traveling to PDX with Bob Latham, Oregon LDR Chair. We stayed at the Super 8 Hotel which also served as parking for Bob's car for the week. There was quite a large Oregon contingent on the Hawaii Air flight which left early Monday morning. Many of our delegates traveled with their spouses to spend a few extra days as vacation time. A few of the couples stayed an extra week after the conference during which time they were exposed to Hawaii's winter season....ie...'warm' rain instead of 'cold' rain as experienced here in Oregon.

Tuesday morning, November 27<sup>th</sup>, was my first meeting of the Accreditation Sub-Committee of which I am chair. This year was a relatively short meeting of 6 hours, as all Associations have until October 15, 2008 to submit their revised bylaws with the new mandatory requirements of a grievance procedure as well as required language in a Conflict of Interest statement. The convention in Reno in 2008 will see our committee revert back to the usual 10-12 hour meeting to review all Accreditation statistic requirements.

Wednesday morning started the Executive meeting of the Association's Committee, of which I am the West Zone Representative. Items discussed were the report from the Accreditation Sub-Committee, a discussion of the Youth meets being held over the 4<sup>th</sup> of July weekend in 2008, the Sanction fee structure, the new headphone / Ipod restrictions for all USATF sanctioned meets, an Association Grievance Panel, a candidate forum for all declared USATF 2008 National office candidates to be held at the Reno Convention and Youth Coaches/Volunteers requirement of 'credentials' to be worn at all practices and meets.

Wednesday afternoon started the Organizational Services Executive meeting of which I am the Vice-Chair. The Accreditation Sub-Committee report was discussed specifically regarding the request to change the Accreditation standard requirements which culminated with a motion made and passed unanimously and

subsequently submitted to the Associations Committee for their ratification. The intent was to submit this request to the USATF National Board of Directors for their approval.

Thursday morning the 14 Oregon delegates attended the Opening General Session which was immediately followed by the Oregon Association caucus during which time President Jack Kegg went over assignments of the meeting schedule to be certain that all important relative meetings were attended by an Oregon voting delegate.

My Friday meetings were again dominated by the Associations and Organizational Services sessions. Additional items discussed were a 'Mobile' unit traveling around the country to Championship events, membership benefit programs, more about the coaches background requirements, an agenda for the August Workshop, \$50,000 awarded to the youth travel fund, Indoor zone meets, and increased the Association grievance timeline from 45 days to 95. One of the important items passed was the 'wrap-around' Officials insurance coverage which was discussed in detail and finally approved by the Officials Committee. Tightening up the inter-association athlete transfer procedure was discussed at length. I sandwiched in a meeting involving the Cross Country Council meeting and it gives me great pleasure to announce that in October of 2010, Oregon will host the Master's 5km Cross Country Championships.

At Saturday's award breakfast, the Oregon Association was presented with a plaque honoring us as the 2007 'Outstanding Association'. Everyone is to be commended for their contributions to make this award possible. Saturday's schedule was basically the 'wrap-up' day of the entire week's sessions in the Associations and Organizational Services Committees.

I would like to thank the Oregon Board of Directors for allowing me to once again attend the National Convention to represent our outstanding Association Coaches, Volunteers, Clubs and Athletes.

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USATF Annual Meeting Site Selection Committee Announces Locations For Future Annual Conventions

2008	Reno	Nevada	Silver Legacy Hotel
2009	Indianapolis	Indiana	TBA
2010	Virginia Beach	Virginia	TBA
2011	St Louis	Missouri	TBA
2012	TBD		
2013	Indianapolis	Indiana	(or somewhere close)

Happy Holiday greetings to my Oregon Association Cross Country and track & field enthusiasts and friends. I hope the newsletter finds all in good health and spirits. Last year was a very productive and exciting time for our Association. From the Grand Prix series, to the Masters Championships and on to the Youth Athletics and Junior Olympics Championships, our athletes shined. As 2007 came to a close, I had the privilege to attend the Annual USATF National meeting in Honolulu, Hawaii as a voting delegate. It may sound exotic, but let me tell you, Hawaii has a rainy season just like the Northwest. The only difference is that it is rainy and 77 degrees!

As you have already been told, the 29<sup>th</sup> annual meeting was held at the Sheraton Waikiki. During my stay, I attended a variety of different committee meetings. I will try and touch on a few key points from each session.

Over the next few days, the Associations Committee meetings dealt with numerous issues as follows:

- Youth meet dates – Due to changes in the Regional schedule for the Youth Athletics meets, the National Youth Athletics Championships continue to fall on July 4<sup>th</sup> holiday. This is becoming more problematic in securing venues for this event. This weekend involves not only the venue issues, but traffic and vacation plans. The discussion in the committee was that it is too late to be able to impact the 2008 schedule; however, we need to have influence on future July 4<sup>th</sup> weekends.
- Background Screening – was once again on the radar screen. Here in the Oregon Association, we have adopted the process and continue to screen new and old coaches and volunteers. The committee has submitted to the Board that will require Associations to conduct background screening as part of being credentialed.
- Associations have been given until October 15, 2008 to have updated By-Laws submitted to the National office.
- There has been a recommendation from the Associations Committee that all USATF applications for minors must have parent contact information. It can not just contain coach's information.
- The following Guidelines for Association Championships were presented at the annual meeting:

- Event information posted on the association and national websites at least 60 days prior to the on-time entry deadline.
- Event is sanctioned.
- Only current USATF members may score in the championship.
- Only current USATF member clubs may score in the championships.
- Athletes may only represent a club if the club is currently a registered member organization. If the club is not registered the athlete shall compete as unattached.
- A printed event information brochure or web page (if event only accepts online entries) available and distributed to the appropriate members and clubs, as well as non-members who potentially could become members as a result of their participation, at least 60 days prior to the entry deadline.
- The event entry brochure should include:
  - § all applicable USATF logos
  - § indication of the championships status (i.e. USATF Oregon Association Masters 5 km Championship); and
  - § a place on the entry blank for the entrant to include their current USATF membership number.
- USATF awards must be presented to individuals and teams in the standard USATF age-groups for which the championship is being conducted.
- Results to be posted on Association website.
- Junior Olympic Championships Results should be electronically sent to the National Headquarters for posting on the USATF website.
- Where applicable, road race championships should be conducted on a USATF certified course.

§ New partner with the USATF is Hasty Awards - they are now the official USATF supplier of ribbons, medals and trophies. Sanctioned events will receive a 10 percent discount on any order.

§ Statistics:  
Membership – 2006 91,000 members -  
2007 85,000 members

NOTE: Possible reason for the drops was increased costs, required background screening and schedule conflicts.

On-line memberships – 2006 at 66%  
2007 at 69%

Clubs in 2007 at 2400 down 3% from 2006

Sanctions at 4300 in 2007

§ 41 Associations were represented at the 2007 Associations Workshop with 120 attendees

§ Youth Programs:

\* \$50,000 in travel grants were awarded in 2007

\* Indoor meet schedule was announced (check dates and sites at USATF.org)

§ Grievance and Conflict Interest – Discussion of the timeliness of the process was discussed. There is now a 45 grace period from the originally filling of the grievance. Recommendation is now to increase the grace period to 90 days.

There should be a non-biased hearing panel

As far as Conflict of Interest information and process, documentation for Associations in forthcoming from the National office.

§ Sanction Fees – One would think that meet sanction fees would be standard through the US cross country and track & field community; Not the case! There was much discussion about why sanction fees varied across the Associations. No resolution on the issue.

§ Headphone rule was discussed. This rule was passed last year, prohibiting the use of headsets during road races and long distance races. This rule was mainly put in-place to discourage athlete/coach communication, not for music listening. The issue of how to handle this rule is still under consideration.

Many delegates were invited to a special session of the General Competition Division to discuss issues as they related to Board of Director restructuring. It was announced that the USOC has mandated the USATF National office restructure the organization with a March 2008 deadline. At this point, this writer, being me, is not sure what the ramifications are of the restructuring. More to follow!

I also paid a visit to one of the Masters Long Distance Running committee meetings, which was represented by Bob Latham and Carol McLatchie. It was exciting to listen to the sites of the 2009 Winter Cross Country Championships and the 2009 Club Cross Country Championships (or at least the bidders – Go Spokane!). Please keep an eye out for Bob or Carol's write up for this committee information.

Last but not least, I sat in on a few sessions of my favorite committee of all times, the Youth Committee. If you want to really have an exciting convention and a mind stimulating experience, this is the committee meeting to attend.

Gail Kleinke will be commenting on what happened during these meetings, but here is a snapshot of my vision.

§ The Annual Youth Workshop will become a reality. This will involve our Association Youth chair, which will include training and education in all aspects of being a youth association entity. Areas might include Hytex operations, facility acquisition, club development, meet operations, fund raising and technology overviews. Sounds pretty exciting to me!

Each Youth Chair will receive a copy of the Hytex program and training.

§ There is a Youth Athletics Manual being developed that was derived from a manual written by our own Becky Sisley.

§ 2009 National Cross Country Championships were awarded to Reno, Nevada

§ 2009 National Youth Athletics Championships were awarded to Detroit, Michigan

§ National Records were reviewed and approved

I am truly sorry to have bored all of you with this recap of the 2007 Annual National USATF meeting, we feel keeping all of you somewhat informed is our job as Oregon delegates to this great annual event.

I am honored to have been able to serve as the second Vice-President and past President of an organization I truly believe in. My heart belongs to the Youth committee, but I will always be there for any committee that requests my assistance. I look forward to helping all of you in 2008 and keeping the world of Track and Field alive.

Yours truly,  
Roger L. Hall, Jr.

# Long Distance Running

Bob Latham, Chair boblatham@bendcable.net

LONG DISTANCE RUNNING---USATF Annual Meeting  
November 29---December 2, 2007  
Honolulu, Hawaii

## Men's Long Distance Running:

Men's long distance runners and teams had a very successful year. The depth in the men's LDR ranks continues to grow, and other countries are taking U.S. distance running seriously once again. The Olympic Trials for the men's marathon was a huge success, overshadowed by sadness with the death of Ryan Shay which occurred during the race itself. Allan Steinfeld (NYRR) reported that the cost of the Olympic Trials was \$1.2 million resulting in a net revenue loss. There was much input from the athletes on the Men's LDR Executive Committee as well as Olympic coaches Joe Vigil and Bob Larsen. Dr. David Martin provided the scientific background, and David Katz (who designed the course) gave an elaborate technical analysis of each athlete's performance during the race. It was agreed that the television coverage provided by New York is essential for raising the profile of road racing in America. A discussion followed requesting the opinions regarding whether Men's LDR should continue a process of bidding for future Men's Olympic Marathon Trials or simply awarding it to a major city like Boston, Chicago, Twin Cities, or New York because of this year's resounding success. No action was taken.

The USATF national office has received criticism from race directors about the amendment to USATF Rule 144.3(b) which prohibits the use of audio players and similar electronic devices in road races. Liability concerns for USATF were discussed. Next year a rules amendment will be submitted removing the ban in all sanctioned events except for USATF LDR championship races. A number of committee members expressed that the rule should not be imposed if it is indeed not enforceable.

In recent IAAF elections Mary Wittenberg was appointed as a representative on the IAAF Road Running Commission. David Katz was re-elected to the IAAF Technical Committee, and Bob Hersh was elected as vice president of the IAAF Council. The USA nominee for the Cross Country Committee (Ann Timmons) failed to get re-elected leaving the U.S. without a representative.

Jim Estes reported that the USATF Foundation is adopting the USA Distance Project as one of its funding prospects. There is a list of expectations for training groups seeking funding.

There was a review of USA Teams sent into international competition within the past year. The athletes present

commended the team selectors for the recent level of success in international competitions. The standards of excellence have been raised for making these teams, giving athletes more incentive for achieving excellence themselves. The major international events for 2008 include the Olympic Games in Beijing in August, the IAAF World Half-Marathon in Rio de Janeiro in October, and the Chiba International Ekiden in November.

After a lengthy discussion regarding Olympic Marathon Trials standards for the future the following recommendations were made: (1) have a single standard rather "A" and "B" standards for the 2012 Olympics in London; (2) either a sub-2:19:00 marathon, a sub-1:05:00 half-marathon, or a sub-28:30 10k would be the qualifying marks for 2012. The marathon trials should be for athletes that have a reasonable chance for making the U.S. Olympic Team, since the times for top U.S. men have generally been getting faster for the past several years. The athletes present lobbied for these more stringent standards. The marathon and half-marathon times must be achieved on "record quality" courses. A list of such courses will be created, and the window for achieving these standards will begin January 1, 2010. The new standards were unanimously passed and were also approved in the MLDR General Meeting and immediately announced.

Bob Latham reported on the 2007 championships. He also discussed the 2008 Men's LDR Championships and beyond. A motion was made to accept the 2008 championship slate, and it was unanimously passed by both the Executive Committee as well as at the Men's LDR General Meeting. Brian Jones provided a summary of the USATF AADP program in 2007. It was recommended to send only athletes through the AADP program who are of "developmental" quality. Scott Christensen gave a brief report concerning coaching education. Phil Greenwald gave a synopsis of the Bylaws and Rules amendments and the 2008 budget for Men's LDR. The budget for 2008 is \$19,000, an increase of \$1,000 over 2007.

The Men's LDR 2007 Awards were as follows:  
Scott Hamilton Award (Associations)-Tyler Abbott (Pacific Assn)  
Browning Ross Award (National)-Don Kardong  
Robert E. DeCelle (Outstanding Athlete)-Ryan Hall (Unanimous)  
Allan Steinfeld Award (Race Director)-Allan Steinfeld (First year awarded)

## Masters LDR:

Much of the preparation for the Annual Meeting had

already been accomplished by Chair Don Lein and the Masters LDR Committee. There was voting for runners-of-the-year in the various age categories. One of the coups for Oregon was John Keston who was a winner in his age group.

The group considered any rules changes that concern Masters LDR. The only one that was discussed at length was regarding the time allowed for a protest to the referee following the posting of the results of an event. The other issues involved the use of headphones and whether to require set guidelines for shutting down a race because of medical concerns (ie. Chicago).

There were numerous championship bids discussed. The 5k Cross Country Championships will be held in Spokane (2008), St. Petersburg (2009), and Oregon (2010). There were other bids for road races and club championships. Jack Wing, vice-chairman, is in charge of championships. Carol McLatchie was added to the Board of Directors as an at-large position helping Jack with championships. Bob Latham was added to the board in the capacity of Coaches Advisory for Masters LDR. Oregon will be well represented here.

Kathryn Martin and Peter Magill were named as the Masters Cross Country Athletes-of-the-Year

Cross Country Council:

Mike Scott, chairman, led a discussion of the 2007

championships including the USA Championships (Boulder), the NACAC Championships (Cleremont, FL), the World Championships (Mombassa, Kenya), and the Masters 5k Championships (Saratoga, NY). Another 2007 national championship, the Club Championships, was to take place on December 8 in Westchester, Ohio.

Upcoming championship events were also discussed at length. These included USA Championships in San Diego on February 16, the World Championships in Edinburgh, UK, on March 30, and the Club Championships in Spokane on December 13. There was also a discussion to attempt to continue the NACAC Championships at a cost of approximately \$20,000. The United States would like to host the World Cross Country Championships in the future. The cost is being estimated at somewhere in the neighborhood of \$2.5 million. The Masters 5k championship bids were mentioned in the Masters LDR report, including Oregon in 2010.

Thom Hunt gave a summary of the USA Championships in San Diego in February. Bob Latham from Oregon will again assist with this championship. Fred Finke and Doris Heritage are in charge of National Team selections. Awards were announced for Cross Country as follows: Alan Culpepper and Deena Kastor were Athletes-of-the-Year, and Pete Julian was named as the Association Contributor at the national level.



2007 Grand Prix Prize Winners

Mercury Men:

1. Torrey Lindbo	124 points	\$500
2. Max King	120 points	\$400
3. Dan Bartosz	109 points	\$300
4. Sean Meissner	101 points	\$200
5. Devan Schulz	84 points	\$100
6. Craig Rice	79 points	\$ 50
7. John Lucas	40 points	\$ 25
8. Aaron Coe	30 points	\$ 25

Mercury Women:

1. Wendy Terris	164 points	\$500
2. Erika Matsuda	120 points	\$400
3. Michelle Swift	77 points	\$300
4. Lisa Ryan	51 points	\$200
5. Angela Lindbo	40 points	\$ 75
5. Lisa Nye	40 points	\$ 75
7. Cheryl Wilson	39 points	\$ 25
8. Dory King	36 points	\$25

Anazazi Men:

1. Chuck Coats	145 points	\$500
2. John Keston	105 points	\$400
3. Joe Dudman	102 points	\$300
4. Leonard Hill	100 points	\$200
5. Roger Cross	85 points	\$100
6. David Terris	68 points	\$ 50
7. Brian Hansen	54 points	\$ 25
8. Damian Baldovino	35 points	\$ 25

Anazazi Women:

1. Jeanette Groesz	160 points	\$500
2. Eileen Holzman	114 points	\$400
3. Betsy Seth	91 points	\$300
4. Suzanne Ray	90 points	\$200
5. Julie Thomas	75 points	\$100
6. Pam Fortier	72 points	\$ 50
7. Jane Dods	54 points	\$ 25
8. Constance Tammen	24 points	\$ 25

## 2007 USATF Annual Meeting Reports

Carol McLatchie

[mclcarol@msn.com](mailto:mclcarol@msn.com) 541-383-2002

### Master's LDR Committee: Nov. 29, 2007

Meeting was convened by chair, Don Lein. Vice Chair, Jack Wing, called for volunteers to help on master's committees. The Fall XC Champs are being held in Westchester, OH with men running 10K and women running 6K. The 2008 XC Winter Champs are being held in February on San Diego, CA with the master's men and women running 8K. The Master's LDR Committee is looking for races to bid for Master's Road Championships with a minimum of \$10,000 prize money plus some hotel rooms provided for top runners.

Andy Carr, Records Chair, noted a need for a link to the Road Running Technical Council course certificates to help verify numerous pending records for master's athletes.

Don Lein reported the CEO of the USOC told the USATF BOD last night of the immediate need to complete the restructuring of USATF.

**Women's Track & Field Committee: Nov. 29, 2007**  
Stephanie Hightower, chair, reviewed the USOC challenges with the restructuring of USATF. Stephanie and Rich Torrelas review the team coach and staff selection process. Attendees were encouraged to submit applications. 2009 Pan Am Junior and Deca-Nation staffs were announced.

Team staff reports were presented by members to the 2007 IAAF World Champs, NACAC over 21, Pan Am Games, Junior Pan Am Games, USA vs Germany, World Youth Champs in the Czech Republic. Jeanette Bolden was introduced at the women's head T&F coach for the 2008 Olympic Games in Beijing.

Sue Humphrey noted that the Women's and Men's Development Committees will receive a 2008 budget total of \$150,000 to develop athletes. The Development meeting is Friday, Nov. 30 at 9:30am.

Rita Somerlot reminded that passports are a must for those junior athletes selected for the 2008 Junior Worlds (Ages 16-19) in Poland to be held July 8-13. Wendy Truvillion has been trained as the Junior team leader. Duffy Mahoney noted that the National Scholastic meet is scheduled on the same weekend at the Junior Champs in Ohio. NACAC team to Toluca, Mexico July 18-20, 2008 (8,000'elevation) will be selected from Div. I rankings. Cliff Wiley reported that the USATF Restructuring Committee has reached no consensus. There is nothing in L&L that effects the WT&F committee.

A large group from Eugene 08 presented extensive updates on the Olympic Track and Field Trials. There will be a youth meet on one of the Trials dark days.

### Officials Committee: Nov. 30, 2007

George Kleeman reported that official's exams are being readied for late in 2008. The 2008 exam will get officials used to using the rule books. There will be supplemental exams for weights & measures and the multis. A new exam for referees is being designed.

2008 official selection is in process. Carolee Stephens reports the USATF Officials listserve has 1500 viewers and can handle 10,000, so please sign up. Sue Polanski reported on the upcoming officials Hall of Fame. She is requesting future nominations with background information included. Nominations will be kept active for 5 years. There are categories for past and present officials.

Chester Bradley reviewed the upcoming opportunity for an Officials \$1M Liability policy that will be offered at \$10 per official per year. Your USATF Membership provides insurance for injury at USATF sanctioned meets, after your personal insurance ends.

### Women's and Men's Development Committees: Nov. 30, 2007

Meeting was chaired by Sue Humphrey. There was a review of the Development committee structure. Rose Monday serves as Broad Event chair for the women's distances. Event coordinators are: Julie McKinney-Marathon, Beth Alford Sullivan-5K-10K, Carol McLatchie-Steeplechase, Juli Henner- 800m- 1500m. Gordon Thomson serves as Broad Event Chair of the men's distance events. Each event group presented 2007 accomplishments and listed goals for 2008.

### Master's LDR Committee: Nov. 30, 2007

Master's LDR Harriers on the year are Kathryn Martin and Peter McGill. Andy Carr noted that there is a 5-year limit for pending records to be approved before being dropped.

### Race Walking Committee: Nov. 30, 2007

I attended the RW meeting on behalf of the Eugene '08 committee to help answer questions on the 20K Olympic Trials Race Walk course design and presentation.

### Road Running Technical Council Meeting: Dec. 1, 2007

Gene Newman, chair, convened the meeting. The chair's report can be found on the rrtc.net website.

David Katz reported on the validation of the Men's Olympic Trials marathon course in NY City. The event was covered in a NY Times article. Justin Kuo measured the Women's Olympic Trials Marathon course in Boston and Jane Parks validated it.

Jim Gerweck, West Vice chair, noted the top states for number of course certifications is Texas. Bob Langanbach has retired as Washington state certifier. .

Stu Riegel has scanned and catalogued 1347 new courses for 2007. There are 12,091 active certified courses in the U.S. There are 282 active measurers. 53% of the courses are 5k's. Tom McBryer has certified 128 courses each in 2007.

The RRTC website: [www.rrtc.net](http://www.rrtc.net) will be the main source of communication. Use this website to access the "RRTC Bulletin Board" maintained by Pete Riegel. Bob Baumel maintains portions of the RRTC website for the national office.

Stu Riegel maintains the search engine to aid race directors to locate USATF course measures by state. I reminded the chair that all Women's Olympic Trials Marathon courses since 1988 have been validated by an all women's team of measurers. A great disservice has been done to all female measurers by not putting together a team on the 2008 Boston Trails course.

Women's Long Distance Running Committee: Dec. 1, 2007

USA Women's Championships awarded: Houston Half Marathon: January 2009, 2010, 2011, Gate River Run 15K: March 2008, 2009, 2010; Fifth Third River Bank 25K Run: May 2008, 2009; CVS Downtown 5K: September 2008; New Haven 20K: September 2008; Tufts 10K: October 2008, 2009, 2010; Twin Cities 10 Mile: October 2008; and Akron, Ohio 8K: September 2008. David Martin reported that the US Women's and Men's Olympic Marathon teams, coaches and families will meet May 15-19 in Colorado Springs to prepare for the 2008 Beijing Olympics.

Master's LDR Committee: Dec. 1, 2007

Pacing in Ultra Trail races was discussed and supported as a safety consideration to master's athletes. Lorraine Gersitz and Pam Failes have been added to the master's LDR executive committee. Carol McLatchie was added as co-chair with Jack Wing to the championships committee. A master's 10K road championships held each April has been awarded as a 5-year contract to the Texas Round-up, Austin, TX.

For Committee Reports Section:  
Road Course Certification information

Please go to: [www.rrtc.net](http://www.rrtc.net)

This website provides access to all aspects of road course certification.

If you have further questions, contact Oregon USATF association board representative: Carol McLatchie, ph-541-383-2002 [mclcarol@msn.com](mailto:mclcarol@msn.com)

USATF of Oregon LDR Committee  
Peggy Squires, Secretary  
Draft Minutes September 23, 2007 Meeting in Salem

Members present: Bob Julian, Peggy Squires, Harry Simonis, Gail Kleinke, Carol McClatchie, Dave Clingan, Glenn Fortune.

The agenda was reviewed including the remaining races in the Grand Prix series for 2007. There are 4 races to finish out the season – today's race in Bend the Bigfoot 10k, OTC Masters 8K on Sept. 30, the USATF-Oregon 8K Cross Country Champs in Salem on Oct. 27, and the USATF-Oregon Open/Masters 5K on Nov. 10<sup>th</sup> in Sandy. Approximately \$1800-1900 has been taken in from the earlier races. The price money allotment will be around \$6400 for 2007. Many thanks to USATF-Oregon for supporting LDR and the Grand Prix series.

The budget for 2008 is tentative, dependent upon the Budget and Audit Committee's recommendation which has in the past supported the Grand Prix. Normally the committee supports the plans of each committee. Hopefully, the Grand Prix series can get to the point were it is self-sufficient. Harry said there is little to no money in cross country and that the LDR committee is looking for a large road run to make some money for the program. Thought we had it with several existing races, but people backed out at the last moment.

The Grand Prix series may have to cut back some level of the monetary prizes without sponsorship. The question was raised about how big an impact it would be to just have very nice trophies and no cash prizes at the end. Some felt that open athletes wouldn't support that plan but masters might. Harry said that there are maybe 60 athletes involved but a good portion aren't really involved since they have only completed one meet in the series. Some suggestions were made about the possibilities of having small sponsors instead of trying to get that one big sponsor.

The point was made that many of the races aren't USATF sanctioned races and some felt that all events on the circuit should be certified (measured) courses along with being sanctioned.

LDR awards will be given at the end of the year after the grand prix totals are completed.

The national master club cross country are in Ohio. Dave C. is aiming to have a large team represented by OCC (it would include many athletes now attached to other clubs) to give Oregon a big chance of succeeding at nationals.

# Mountain Ultra Trail (MUT)

[www.usatf-oregon.org/mut](http://www.usatf-oregon.org/mut)

Men's Mountain Rep USATF MUT Council  
Richard Bolt 503-781-0407 [r\\_boltski@yahoo.com](mailto:r_boltski@yahoo.com)

The USATF Mountain, Ultra and Trail Running Council met 3 times during the USATF Annual Convention held in Honolulu, Hawaii. The meetings were presided over by council chairperson Nancy Hobbs (CO - Mountain) and vice-chair Roy Pirrung (WI - Ultra). About 15 people were in attendance for most of the meetings. Bill Roe attended one of the sessions for about 20 minutes. The following is a summary of topics discussed and decisions made:

1. Andy Carr leads discussion of records ratification and presents a new form for submitting records for review. Consensus that the review process is taking too long. Agreement that process is made more complicated by the multitude of records for consideration. Other factors are the many MUT race distances and age groups.
2. Discussion of pacing in 100 mile races - safety vs. unfair aid to some racers. Biggest challenge is enforcement. Howard Nippert to lead task force to make recommendations on pacing rules to MUT Council. Rules to be presented for consideration at 2009 convention which will be a "rules year".
3. 2008 50 Mile Road Championship bid awarded to Tussey Mountainback race, Boalsburg, PA - October 11, 2008.
4. 2008 & 2009 100 Mile Trail Championship bids awarded to the Tahoe Rim Trail race, Lake Tahoe, CA - July 19, 2008.
5. 2008 & 2009 100k Trail Championship bids awarded to Where's Waldo race, Williamette Pass Ski Area, Oregon - August 16, 2008
6. 2008 & 2009 100 Mile Road Championship bids awarded to Mad City race, Madison, WI - April 12, 2008
7. 2010 & 2011 50k Road Championship bids awarded to Caumsett State Park race, Lloyd Harbor, NY. This race has previously been awarded the 2008 and 2009 50k Road Championships.
8. 2008 Marathon Trail Championship bid conditionally awarded to race in Black Hills, SD. Race Director needs to respond to MUT Council by January 30, 2008 with prize money commitments.
9. 2008 Mountain Running Championship bid awarded to

the Mt. Washington Road Race, Gorham, NH - June 21, 2008. This will also be a selection race for the 2008 Teva US Mountain Running Team - top 4 USATF member men and top USATF member woman will be automatically named to the team.

10. 2009 Mountain Running Championship bid awarded to the Mt. Cranmore race, North Conway, NH - June 2009. This will also be a selection race for the 2009 Teva US Mountain Running Team.

11. 2009 10k Trail Championship bid awarded to a new race in Steamboat Springs, CO - June 28, 2009. This will also be a selection race for the 2009 Teva US Mountain Running Team. The 2009 World Mountain Running Trophy races will be held on this same course in September 2009.

12. The Berry Picker race in Vail, CO has been named as a selection race for the 2008 Teva US Mountain Running Team - July 20, 2008. The top 1 USATF member man, top 2 USATF member women and top USATF member junior man will be automatically named to the team.

13. Discussion of team scoring and awards at USATF MUT Championships. Will review current practices and make recommendation for new rules to be decided at the 2009 "rules" convention. At issue is declaration of scoring team members prior to race. Currently there is no requirement for team declaration. Primary hurdle is logistics - need to find mechanism for team leader (coach??) to communicate scoring team to race director. Unlike in college or high school races, there are no coaches to submit race entries in USATF MUT champs.

14. Team staff for 2008 Teva US Mountain Running Team named. Dave Dunham - Junior Coach. Ellen Miller - Women's Coach. Richard Bolt - Men's Coach & Team Leader.

15. Discussion of launch of the new website for the Teva US Mountain Running Team - [www.usmrt.com](http://www.usmrt.com).

16. WMRA Masters Championships - Dolni Morava, Czech Rep. 9/6/2008 - <http://www.wmra.info/calender.php>

17. WMRA World Long Distance Championship - Horton in Ribblesdale, Great Britain - 4/26/2008 - <http://www.threepeaksrace.org.uk/>

18. 2007 100k World Championship Report from Howard Nippert (VA)

19. 2008 100k World Team Staff discussed and approved - Lynn Gentling and Mike Spindler.

20. 2007 24 Hour World Championship report by Roy Pirrung (WI)

21. Championship Liaisons for 2008 are discussed and named. USATF will fund liaison travel in 2008. Nancy Hobbs will distribute championship liaison duties document via email after the convention (done). General duties include pre and post event press releases, take

pictures and report results back to USATF. 2008 Championship liaisons will be:

3/2/2008 - Comsett 50k Road - Nancy Hobbs (CO)  
4/12/2008 - Mad City 100 Mile Road - Lynn Gentling  
6/8/2008 - Marathon Trail Champs - Joyce Hodges-Hit (GA)  
6/21/2008 - Mt Washington Road Race (Mountain) - Richard Bolt (OR)  
6/29/2008 - Steamboat Trail Champs - Dave Dunham (MA)  
7/19/2008 - 100 Mile Trail Champs - Howard Nippert (VA)  
7/26/2008 - White River 50 Mile Trail - Lorraine Gertzitz (CA)  
8/16/2008 - Where's Waldo 100k Trail - Richard Bolt (OR)  
10/11/2008 - Tussey Mountainback 50 Mile Road - Nancy Hobbs (CO)

If you have any questions about my report, please don't hesitate to call or email me.

## mill end fabric stores

*outstanding contributor to USATF of Oregon athletes for storage of our indoor track*

### Portland Location

9701 SE McLoughlin Blvd  
Portland, OR 97222

Mon-Fri 9:30am- 6:30pm  
Sat 9:30am- 5:30pm

Sun 12:00pm- 5:00pm Tel: (503) 786-1234 Fax: (503) 786-2022

### Beaverton Location

4955 SW Western Ave  
Beaverton, OR 97005

Mon-Fri 9:30am- 6:30pm  
Sat 9:30am- 6:00pm

Sun 12:00pm- 5:00pm  
Tel: (503) 646-3000 Fax: (503) 786-2022

## Masters Track & Field

Rose Schlewitz, Chair [rosebrierjunc2@peak.org](mailto:rosebrierjunc2@peak.org)

2007 USATF Annual Masters Meetings  
Honolulu, Hawaii  
Rose Schlewitz, Oregon Masters Chair

Oregon Association Masters meeting reports by Rose & Jim Schlewitz and Becky Sisley. Rose & Jim attended: MTF Executive Committee (8hrs), MTF Region Coordinators (2hrs) Committee, Awards Committee (2hrs), MTF General Sessions (10hrs), Diversity and Leadership (2hrs), NW Region Masters Committee (1.5hrs) Becky attended: MTF Executive Committee (8hrs), Awards Committee (2hrs), MTF General Sessions, NW Region Masters Committee (1.5hrs), Law and Legislation, Sports Committee (12.5hrs)

### Regional Coordinators Meeting: Mark Cleary, appointed Chair

• Guest speaker, Sandy Pashkin, related reasons why records are not accepted. She reminded us to immediately measure throw with a steel tape and immediately impound implement to reweigh, certified officials need to sign record form, include a copy of the field sheet, correctly read the FAT pictures and send a copy of FAT picture with record form.

• Meeting became a closed session. Committee discussed MTF Chair's proposal of the role of region coordinators.

Formal election of the Chair at the annual meeting  
Required attendance at the annual meeting  
Standard annual report to include:

- Ø name and contact information of all Association Masters Chairs in Region
- Ø number of Masters Clubs by Association
- Ø financial report describing use of annual budget
- Ø table listing each Association Masters meet and approximate attendance
- Ø approximate number of Masters Track & Field Athletes by Association
- Ø list of facilities suitable for a masters meet, Association, Region and National

Increase of annual budget from \$1500 to \$2500 with the additional funds designated to conduct a Region Championship and Track and Field Clinic. If only one event is held the budget would be reduced to \$2000 and if neither is held then \$1500. Track and field Clinics may be held at the NW Region Championships or at another MTF meet within our region

MTF Executive Committee: Gary Snyder, Masters Chair

- Ø Report on the Regional Coordinator Role and use of allocated funds
- Ø Chair would like to reduce the size of MTF Committee with a Region Chair to represent the seven regions.
- Ø MTF Webmaster Committee includes Dave Clingan, Andy Hecker and webmaster Jeff Brower. In MTF General
- Ø Sessions Dave showed what the website would look like. All were excited about this becoming a reality.
- Ø MTF is considering having a T & F Clinic the Monday after the National Championships, Aug 11<sup>th</sup>.
- Ø There will be an Ad Hoc Medical Advisory Committee.
- Ø The USA uniforms (from the Sydney Olympics) can be used for two more Olympic cycles. Championships. Only the USA top is required for the World Masters Athletes (WMA) Championships.

MTF General Sessions: Gary Snyder, Masters Chair  
Joy MacDonald MTF, Treasurer

Budget adjusted and approved to include additional funding for diversity & leadership, MTF website (separate from the USATF website), historical preservation of

various MTF documents, awards-composite rating chart rather than age-graded percentages.

Oregon USATF Athletes of the Year:

John Altendorf M60+, Monica Kendall W30-59

MTF Sport Committee: Becky (Thurs. 3 ½ hrs. Friday 5 hrs. and Sat. 4 hours)

Appointed as At-Large Representatives: Sandy Pashkin and Barbara Kousky. Becky Sisley was elected to serve as Active Athletes' Representative on the MTF Executive Committee.

USATF Action Items Affecting MTF - Rules

Voted to reject proposal to take the Pentathlon out of our National Indoor and Outdoor Championships. Voted to include the Ultraweight Pentathlon as one of the National Outdoor Weight Throws Championships. It will be scheduled in conjunction with the Weight and Super Weight National Championships. Amended definition of the Hammer Handle – "The handle shall be rigid and without hinging joints of any kind, may have a curved or straight grip and shall have a maximum length inside of 110mm. Per IAAF specifications, the minimum handle breaking strength shall be 8kN(800kgf) and the handle shall be designed such that the total deformation of the handle under tension load of 3.8kN shall not exceed 3mm." Note: there will be a new figure schematic of the hammer handle.

**Sites for Up-Coming Masters Championships**

2008 Championship Sites:

Indoor Nationals,	Boston, MA	March 28-30	www.usatfne.org
Indoor Heptathlon,	Kenosha, WI	March 8-9	www.decamouse.com
WMA Indoor,	Clermont-Ferrand, France	March 17-21	http://masters2008.athle.com/
Decathlon/Heptathlon,	Joplin, MO	June 21-22	www.dacamouse.com
Weight Pentathlon,	New London, CT	Aug. 23	
Weight/Superweight.	Seattle, WA	Sept 5	
Ultraweight Pent.	Seattle, WA	Sept 6	
NCCWMA,	Clermont, FL	Aug. 28-31	(N America, Central America & Caribbean Region of WMA)

2009 Championship Sites:

Indoor Nationals,	Landover, MD (near D.C.)	March 20-22	(Selected in Honolulu)
Outdoor Championships,	Clermont, FL	July 9-12	(date not confirmed)
Dec/Hep,	Seattle, WA	TBA	–probably in June
WMA	Lahti, Finland (75 mile N of Helsinki)	July 28-Aug. 8	
Nat'l.Sr.GamesAssoc (NSGA)	Palo Alto, CA	August 1-15	(must qualify in 2008)

2010 Championship Sites selected in Honolulu

Indoor Nationals,	Boston, MA	March fourth weekend?
Outdoor Nationals,	Sacramento, CA	June 30-July 1 or July 7-11

Awards – Dave Clingan (Committee met 2 hours on Wed)

A new system was used to determine MTF Awardees, under new committee chair, Dave Clingan MTF awards were announced at the Outdoor Nationals in Orono last August and were based on the 2006 outdoor through 2007 Indoor season. Next year the cycle will revert to the calendar year and be based on performances during the 2007 indoor and outdoor seasons. As part of the Strategic Plan focus on recognition, MTF will have

certificates to acknowledge World and American Records performances, and top ranked performance for the year.

Diversity – This subcommittee was added to the MTF Operating Rules. The MTF Vice-Chair is coordinating efforts with Dexter McCloud (an authorized mentor) and the National Office. There will be a mentorship program and workshops.

Hall of Fame -Norm Green (Joint committee MTF & M Long Distance Running)

The following were announced as newly elected member of the Hall of Fame:

- ü Carol Finsrud – Thrower
- ü Barbara Miller - LDR
- ü Alfred Guidet – Sprints, Hurdles
- ü Austin Newman –Middle Distance/LDR
- ü Gayle Johnson – Race Walker
- ü Nadine O'Connor – PV, Hurdles, 100, LJ.
- ü Also, Herm Wyatt who lived in Oregon for a time (HJ), was selected as an “Old-Timer”

Marketing – John Oleski

MTF will seek event and meet sponsors for our National Championships and is developing a new paradigm for marketing our programs. Plans include hiring a consultant, producing a “sizzle reel” and “psychographic” play to position MTF in a positive way, and developing a brochure. This position has been vacant for several years

and Oleski brings fresh ideas. He stressed “our athletes are not to be represented as “gesserjocks.”

Masters Invitational Program - Mark Cleary

For specific information go the web: [usatf.org/masters/invitational/2008](http://usatf.org/masters/invitational/2008) Individuals can recommend events and must do the background work to suggest possible participants. Parameters limit events to running only, and 100m – mile.

The MTF men’s and women’s events for the Eugene 08 Trials are not yet set.

Media – Bob Weiner

The committee has been very active and has increased national championship media coverage substantially. There’s a form for athletes to call home results. Weiner wrote a commentary that appeared in a Honolulu paper the day the convention opened; it was titled, “ Bonds, too, should be going, going, gone.”

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Records – Sandy Pashkin, MTF Records Chair and also WMA Records Chair

Records of Oregon Athletes accepted at the convention are listed here:

Pole Vault	Indoor	M60-64	3.96	John Altendorf	Seattle	2/11/2007
Pole Vault	Outdoor	M60-64	4.00	John Altendorf	Eugene	5/13/2007
Pole Vault	Outdoor	M70-74	3.20	Terry Cannon*	Santa Barbara	10/6/2007
Weight	Outdoor	W85-89	5.15	Melanie Reske	Eugene	5/13/2007
SuperWeight	Outdoor	W85-89	4.17	Melanie Reske	Eugene	5/13/2007
				• former Eugene resident (site of meet)		

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Throws - Jerry Bookin-Weiner

MTF has a full set of implements that can be loaned out for return shipping costs. Georgia Cutler was appointed the NW representative on this committee.

World Masters Athletics (WMA) – Team Manager Phil Greenwald

Here’s their website: [www.world-masters-athletics.org/](http://www.world-masters-athletics.org/)  
There was much discussion regarding the Relay Selection process and related problems at the 2007 WMA meet. A draft of new procedures (which covered declaration, sanctions, selection, injuries, communication and teamwork) was reviewed, debated, amended and approved. It is projected these relay procedures will be printed in National Masters News.

Note: Entries for the WMA Indoor in France are due to USATF by Jan. 4, 2008.

Other News from the Convention

• Phil Raschker was named the Masters Athlete of the Year by the International Association of Athletics Federations (IAAF) and was just honored in Monaco.

• Eugene 08 hosted a very extravagant and successful reception on Thursday evening.

• Bill Roe (USATF President) encouraged masters regions to include Open athletes in their Championships meets and also to include corporate cup competition.

• USATF Restructuring - No action was taken at this convention; however, there is the possibility that the United States Olympic Committee (USOC) could mandate that USATF downsize it’s Board of Directors. Right now there appears to be a stand off as USATF is demanding that USOC tells them what deficiencies they have. Evidently the US Congress has told the USOC to get their act together as some National Governing Bodies (NGB’s) are dysfunctional. This is not the case of USATF. Reducing the size of the Board would cut MTF out of the direct decision-making. Issue at hand: Masters, Youth and Grass Roots need a seat on the board, not just the elite athletes.

• There will be a Youth Olympics (multi-sport) in 2010 for athletes age 16-17 (born in 1993 and 1994). There will probably be an area (North America, Central America and Caribbean) qualifying meet.

## Northwest Region Masters Committee Meeting

Honolulu, Hawaii,  
November 30, 2007

1. Meeting called to order by Region Coordinator Rose Schlewitz at 4:30 PM
2. Roll call by association

Alaska	No information available	No representation
Inland Northwest	Association Championships held June 6, 2007-Pullman WA, Masters Chair: Jeff Schaller, jeffschaller@turbot.com	Jeff Schaller Mike Hinz
Montana	Association Championships held May 31-June 1, 2007-Butte, MT	No representation
Oregon	Association Championships held June 23-24, 2007-Gresham, OR, Masters Chair: Rose Schlewitz, rosebrierjunc2@peak.org	Dave Clingan Becky Sisley Rose Schlewitz Jim Schlewitz
Pacific NW	Association Championships held June 20-21, 2007-Seattle, WA, Masters Chair: Ken Weinbel, ktweinbel@msm.com	Judy Christiansen Ray Christiansen
Snake River	Association Championships held June 27-28, 2007-Nampa, ID, Masters Chair: Mark Murdock, <a href="mailto:mmurdock6@netzero.net">mmurdock6@netzero.net</a>	No representation
Utah	Association Championships held May 31-June 1, 2007-Provo, UT, Masters Chair: Demetrio Cabanillar, demetrio.cabanillas@Jordan.K12.ut.us	Demitrio Cabanillar
Wyoming	Senior Olympics, held July 26 -28, 2007, Sheridan, WY, Contact: Kay Newman, <a href="mailto:kayjn@imt.net">kayjn@imt.net</a>	No representation

### 3. NW Region Coordinator's Report

- 3.1 Rose explained the role of coordinator, and that she has decided to serve at least for another year. She asked that if anyone or know of anyone interested in serving as a coordinator, please contact her.
- 3.2 Alaska and Wyoming have no association chairmen. In fact, the Wyoming Association has been banned by USATF.
  - Becky asked if it might be possible for Wyoming to piggyback an association championships to their Senior Olympics
  - Special masters events, possibly, a men's 3K and a women's 200m will be run during the Olympic trials.

### 4. Financial Report

#### 4.1 2007 NW Region Finances

- Medals \$1158.25
- Shipping 38.25
- NW Region Championships 300.00
- Total 1496.50

#### 4.2 2008 Budget

- Region Allocation 1500.00
- Region Championships expenses 500.00
- Clinics 500.00
- Total \*2500.00

\*\$1000 increase over 2007

### 5. Webmaster

- 5.1 Our webmaster has asked to retire as our NW Regional Webmaster at the end of this year. She has been doing it for free.
- 5.2 Discussion ensued about finding a new person. Possibly a student?
- 5.3 Becky moved and David Clingan seconded a motion that the region pay a webmaster \$250 for the year of 2008.

### 6. NW Region Championship Meets

- 6.1 2007 Region Championships T&F Meet was held June 23-24 at Mt. Hood C.C. in Gresham, OR.
  - The meet was hosted by Portland Masters Track Club, Oregon Association.
  - Region funds were allocated to cover cost of including the Region records in the meet program.
  - About a 170 athletes competed, with 21 region records recorded.
  - A regional meeting was held at the conclusion of competition on the first day of the meet. About 10 people attended.
- 6.2 2008 Meet will be at West Seattle Stadium, WA, on July 19-20

- Hosted by the Seattle Masters Track Club, Pacific NW Association.
- 6.3 2009 region meet
- Oregon Track Club Masters has volunteered to host this meet to be held at Hayward Field. A date has not been set. OTCM might be looking at higher fees for Hayward Field.
  - A motion was moved, seconded and passed to accept OTCM's bid for the Championships.
- 6.4 2010 region meet.
- Jeff Schaller had to pass on bidding for this meet at Pullman. The cost of track rental is a problem plus the fact, that there is rather low participants. It was suggested, that funds from USATF could be obtained for support of the meet.
  - Demetrio related where the masters program is in Utah and the possibility of holding the region championships in Utah.
7. Relay teams for Nationals in Spokane
- 7.1 Teams will be either club or non-club. Club teams can also be made up of an association or a region.
8. Additions
- 8.1 Rose will ask associations for:
- The number of members and gender
  - Facilities suitable for championship meets
  - Number of masters clubs within the association
  - Masters meet results
- 8.2 Becky asked if the Blue Streak might be started up again being distributed by email. A thought was to have USATF headquarters send out the Blue Streak.
- 8.3 Masters Committee's gets a free page in the National Masters News. We should take advantage getting a free advertisements for our regional championships. It needs to be sent into NMN, since others will want to do the same thing. Articles need to be at NMN by the 10<sup>th</sup> of the month previous to being published.
9. Meeting adjourned at 5:25 PM  
Submitted by Jim Schlewitz

**USATF National Convention Report- Masters**  
Dave Clingan xroads@xroads.com

Meeting: Nov 27, 7:00-9:00 pm Masters T&F Regional Coordinators Chaired by Mark Cleary

Topics Discussed:

- Bill Roe's proposal to include open and corporate cup athletes in Regional Championship Meets
- Hawaii Association's masters program lack of success
- Expectations of Regional Coordinators as put forth by MTF chair

Meeting: Nov. 28, 7:00-11:00 am Masters T&F Executive Committee Chaired by Gary Snyder

Topics Discussed:

- Regional Coordinators new directives
- Regional Masters Clinics
- 2007 MTF Budget
- 2008 Proposed MTF Budget
- Awards: Review of new policies and procedures implemented in 2007, endorsement of Exec. Committee.
- Addition of Media Subcommittee Chair to MTF Exec. Comm.
- Update of MTF operating rules (presented by Becky Sisley)
- Review of top priority strategic plan elements: Marketing, grass roots, clubs, training clinics, skill survey (22 received to date)

Meeting: Nov 28, 2:00-4:00 pm Masters T&F Awards Committee Chaired by Dave Clingan

Topics Discussed:

- Review of 2007 Awards Report
- Discussion of committee composition and appointment of new members
- Discussion of changes/improvements to be implemented in 2008:

Change award cycle to calendar year, expand scope to additional modes of recognition, review/improve composite points chart, establish minimum nomination standards, improve nomination process, improve tools for evaluating nominees, submit monthly updates to National Masters News, improve awards dinner presentations.

Meeting: Nov 28, 4:00-5:50 pm Masters T&F Executive Committee (cont). Chaired by Gary Snyder

Topics Discussed:

- Review of updated 2008 budget
- National Masters News agreement: \$5000 per year in exchange for 12 full pages
- Misc: Diversity, WMA relay team formation guidelines, MTF Web site, Historic Preservation Committee, Rankings and other misc stipend-funded programs.

Meeting: Nov 29, 8:00-10:00 am USATF Opening Session

Meeting: Nov 29, 10:00-10:45 am Oregon Association

- Review of meeting schedules

Meeting: Nov 29, 11:00-2:40 pm Masters T&F General Session Chaired by Gary Snyder

Selection of Active Athlete Delegates

Topics Discussed:

- Tabled 2006 Rules Changes
- L&L proposed changes for 2007
- Report of Officers: Chair, Vice Chair (Diversity topics)
- Region Coordinators Report (summary of Tuesday RC Meeting)
- Race Walking (Bob Fine)

- Meeting: Nov 29, 3:00-5:00 pm Law & Legislation  
Chaired by Tim Baker
- Topics discussed:
  - Restructuring mandate from USOC to USATF  
i.e: USATF to eliminate sport committee representation at the board level by March '08
  - Reaction from USATF: resistance to directive and unwillingness to consider restructuring until after the 08 Olympics and election of new USATF BOD in Dec. 08.
  - Review of proposed operating rules changes by L&L committee:
    - Many were (a) rejected, (b) housekeeping, (c) related to high performance competition, tabled for further discussion.
    - Accepted: Club Council will have jurisdiction over team scoring rules at the T&F Club Championships Meet

Meeting: Nov 30, 7:00am-12:30 pm Masters T&F General Session (cont.) Chaired by Gary Snyder  
Topics Discussed:

- Records Committee report & acceptance of 2007 records(Sandy Pashkin)
- Note: John Keston's mile record (Oregon Relays '05) has been rejected because new "cone" rule can not be applied retroactively
- Games Committee report (Jim Flanik)
- Media Committee Report (Bob Weiner)
- Presentation of future sites for Masters T&F Championship Competitions Combined Events (Jeff Watry)
- Throws (Jerry Bookin-Weiner)
- Bid presentation & acceptance: 2009 Indoors Masters T&F Championships (Landover, MD)
- Bid presentation & acceptance: 2010 Outdoor Masters T&F Championships (Sacramento, CA)
- 2008 Championship site reports (Indoors: Boston, MA; Outdoors: Spokane WA)
- Masters Track & Field Web Site (presented by Dave Clingan)

Meeting: Nov 30, 1pm-3:00 pm Joint Masters T&F/LDR Meeting Chaired by Gary Snyder  
Topics Discussed:

- WMA reports, Sandy Pashkin, Rex Harvey & Marylin Mitchell

No governance business accomplished in Ricionne according to Rex

- Masters Hall of Fame Report: Norm Green
- 2007 Inductees: Carol Finsrud, Alfred Guidet, Gayle Johnson, Barbara Miller, Austin Newman, Nadine O'Connor, Dan Conway, Alfred Funk, Ruth Rothfarb, Dorothy Stock, Herm Wyatt
- National Masters News: Combined MTF/LDR contribution
- WMA Team Manager's Report: Phil Greenwald

Meeting: Nov 30, 4:00-5:20 pm NW Masters Region Meeting Chaired by Rose Schlewitz  
Topics Discussed:

- Budget, webmaster, meets, relays, 2008 calendar, potential championship sites

Awards Breakfast Dec 1, 7:00-9:00 am  
Presentation of annual awards, including MTF awards by Dave Clingan

Meeting: Dec 1, 9:00-10:00 am Masters T&F General Session (cont.) Chaired by Alan Roth  
Topics Discussed:

- USATF restructuring- unified opposition by Youth, MTF and LDR against loss of representation on USATF Board of Directors

Meeting: Dec 1, 10:00-1:50 pm Masters T&F General Session (cont.) Chaired by Gary Snyder  
Topics Discussed:

- MTF Awards (presented by Dave Clingan)
- Invitational Events (Mark Cleary)
- Marketing (John Oleski)
- L&L wrap up (Becky Sisley)
- WMA USA relay team guidelines (Phil Greenwald)

Meeting: Dec 1, 2:00-4:00 pm Masters T&F Executive Committee Chaired by Gary Snyder  
Topics Discussed:

- Reports from Region Coordinators
- MTF uniforms worn in WMA competitions (12 year rule)
- Club uniforms required for MTF Nationals (not adopted)
- NTO inclusion in Games Committee at Nationals (adopted)

## 2008 Oregon Association Meetings Scheduled Please check the website for any updated information

Salem:	February 24, 2008
Salem:	June 1, 2008
Coast TBA:	Sept 20-21, 2008
National Convention:	December 3 through 7 <sup>th</sup> , 2008 Silver Legacy, Reno Nevada

Oregon Association Master's Committee Draft Meeting Minutes  
Salem, OR – September 23, 2007  
Jim Schlewitz, Secretary

Attendance            Rose Schlewitz, Jim Schlewitz, Greg Simdars, Paul Stepan, Laura Stepan, Carol McLatchie, Jack Kegg, Harry Simonis, Mike Olsen, Becky Sisley, Monica Kendall, Jerry Westfall

1. Meeting called to order by Chairperson, Rose Schlewitz at 1:00 PM

- Dennis Olafson gave a brief report on his experience officiating during the WMA meet in Italy. He told of officials who were in actuality just volunteers. At one event, one of the officials was reading a newspaper while another was taking a snooze. He also felt no field event records should be valid because of the poor facility. Some throws had the landing area downhill. Things like that.

2. Approval of Minutes of last Meeting

2.1 The minutes were approved as published

3. Old Business

3.1 Bend Track Meet

3.1.1 Scheduled for June 14<sup>th</sup>, 2008 (Editor's Note: Meet has been changed to May 17<sup>th</sup>, 2008)

3.1.2 There is \$2,125 in the Bend Track Meet bank account. After considerable discussion, it was decided to keep the account intact.

3.1.3 Rose suggested, that the Bend people reform the committee to help Harry with next years meet.

3.2 Weight and Measures Kit

3.2.2. A grant application has been sent in, and Harry expects a positive response in due time. Since few grant requests have been submitted, it leaves uncommitted moneys available making it more likely that our request will approved.

3.3 2006 Athlete of the Year Awards

3.3.1. Female Track	Jeanne Groesz
Male Track	Paul Edens
Female Field	Monica Kendall
Male Field	Harvey Llewelen

3.3.2 Rose was chosen as 2006 Oregon Association's Person of the year

3.4 Budget Items

3.4.1 After clarification as to how and why Becky was receiving a \$200 stipend for trip expenses to the USATF annual meeting this year it was okayed by Jack Kegg to go forward.

3.4.2 There is \$175 left in the budget. Rose was told to be sure and submit her expenses for compensation.

4. New Business

4.1

4.1 2008 Masters Meet Schedule

Schedule for some masters meets for 2008		
USATF National Masters Indoor Championships	Mar 28-29, 2008	Boston MA
Canby Relays (Includes Masters)	May 1 (tentative)	Canby HS Canby, OR
Seattle Parks and Rec Meet	June 7	Seattle, WA
Bend Open/Masters Track Meet	May 17	Bend, OR
Youth/Open/Masters Combined Events Meet	June 19-20	Salem, OR
Portland Masters Classic	Fri. night and Sat. day, June 27-28	Mt Hood CC, Gresham, OR
State Games of Oregon	July 12-13	Mt Hood CC, Gresham, OR
USATF NW Regional Masters Championships	July 19-20	Seattle, WA
Hayward Classic/OR Assn. Championships	Aug 2-3	Eugene, OR
USATF National Masters Outdoor Championships	Aug 7-10	Spokane, WA

2007 Athlete of the Year Awards

Female Track	Jeanne Groesz	Male Track	Kevin Paulk
Female Field	Becky Sisley	Male Field	Ray Burton

4.1 Approval to have Hayward Classic host the 2008 OR Assn Championships was passed.

4.2 NW Regional Coordinator Report

4.2.1 Statement made at the last meeting - This position is temporarily filled be Rose Schlewitz. Rose is looking for a permanent replacement. She is drawing up a job description.

4.2.2 Present webmaster is retiring from the job at the end of this year. Help finding a replacement would be appreciated.

5. Other

5.1. Carol McLatchie was nominated for 2008 person of the year

5.2. Certification of weights and measures officials

5.2.1 Rod Wood said he would hold some clinics for W&M certification.

6. Meeting Adjourned at 12:13

## Road Course Certification information

Please go to: [www.rrtc.net](http://www.rrtc.net)

This website provides access to all aspects of road course certification.

If you have further questions, contact Oregon USATF association board representative:

Carol McLatchie, ph-541-383-2002 [mclcarol@msn.com](mailto:mclcarol@msn.com)

# Officials

Jerry Jackson, Chair [trackho@comcast.com](mailto:trackho@comcast.com)

## 2007 NATIONAL CONVENTION HONOLULU HAWAII

1). National officials membership is at 8,275 for 2007. Our goal is to have 10,000 plus by the end of 2008.

2). Rules...

- NCAA....Hammer handles are changing. Just the space between the hammer handle and the wire ring. In the new books.
- NCAA....No crossing the track, after running events have started.
- USA & IAAF....Cross Country; you have an hour from the time the event ends to file a protest.
- USA & IAAF....Break line for the 800 is to be coned.
- USA & IAAF....One test only is required for Masters Officials.

3). When filling out forms to work at meets; please read carefully, write plain, and no lying.

4). The insurance decision: effective with the next registration period (olympiad 2009-2012) all officials

requesting to be certified will have to be an Annual Member of USA Track & Field. This is to insure that each member wearing a current certification badge is insured for liability during the conduct of all sanctioned meets.

5). USA...New shirts will be red and blue...no white...with the new logo. Shirt sizes run on the large size.

6). The First Annual National Officials Hall of Fame. The class was Andrew Bakjian, Chester Bradley, Kenneth Caouette, Leonello Costanzo, Horace Crow, John Davis, Emmitt Griggs, Finn Hansen, Dee Jensen, Barbara Palma, Patricia Rico and Charles Ruter.

I was stationed in Pearl Harbor, with the Navy, in the early 1960's. What a change I saw in Honolulu, Waikiki Beach, and the out lying areas after almost 45 years.

Hope you have a Happy Holiday and I'll see you on the track in 2008.

## Officials Committee Annual Meeting

USATF of Oregon

Salem, Oregon

September 23, 2007

The meeting was called to order by Chair, Jerry Jackson.

Those present were Dennis Olafson, Mike Olsen, Glenn Fortune, Penny Jackson, Jim Bean, Judi Hofemann, Dan Joynt, Greg Simdars, Carol McLatchie, Rose Schlewitz, Jim Schlewitz, Becky Sisley, Roy Bridgman, Doug Bowman, Jerry Westfall, Ruth BreMiller, Jerry Jackson.

Mike Olsen moved to accept the minutes of the previous meeting, Judy Hofemann seconded and the motion was carried.

The treasurer's report was presented by Dennis Olafson

Balance: 5/4/07	\$5374.58
Income	\$845.00
Expenses	\$1073.61
Balance 9/23/07	\$5147.97

In the absence of certification and training chairs, a general discussion followed under old business.

Problems associated with High School meets such as the need for certified officials and the process for encouraging and obtaining them was discussed. It was pointed out that in other OSAA sports the officials are paid. One possible solution would be for OSAA to require certification. Jerry Jackson suggested that we would like to see at least two certified officials (eg. finish line, clerk of the course, and field and running events referees) present for each High School meet. The problems (privacy issues) with making lists of certified officials readily available were discussed. It might be possible to make a list of officials available to ADs by asking if individuals would or would not like to be included. Another approach should be to encourage participation of officials in High School meets at the time of their certification. Becky Sisley suggested that an ad hoc committee,

with members from various groups, could be formed to address these problems.

Jerry Jackson noted that we are entering the final year of the Olympiad and that certification at clinics will be good for only one year. There was a question of delaying the \$30 fee until next year.

There were four clinics last year and 30 officials were certified. Two of the clinics were in Bend. We currently have 321 male and 100 female officials.

The need for a weights and measures clinic was noted. Rose Schlewitz offered to set up a clinic if someone could help her.

There are still problems with some officials who have completed clinics but not received their certifications. A list of these people should be given to Dennis Olafson or Mike Olsen. Mike will follow up with Dale Settje.

Glen Fortune brought copies of the by-laws and asked those present to look them over and suggest changes.

Under new business, the National meeting in Hawaii was discussed. Jerry Jackson requested funds for Mike Olsen and Dennis Olafson (\$1000 each) and \$500 for himself. Support for certification chair was discussed and it was noted that funds are limited. Five delegates are entitled to vote and the Officials Committee needs to submit a list to Harry. The following were chosen: Jerry Jackson, Mike Olsen, Jim Bean, Rose Schlewitz, Dennis Olafson and Glenn Fortune.

Everyone was reminded to visit the web site Eugene08.com for volunteer opportunities for the Olympic trials.

The next meeting will be held on February 24, 2008

Respectfully submitted  
Ruth BreMiller  
January 2, 2008

## Open Athletes

A reminder to all open athletes,  
you are welcome to attend any of the all-comer meets  
listed in the youth section of this newsletter  
or go to <http://www.usatf-oregon.org> and  
click on calendar.

You will find the meets listed there.

## Race Walking

Jim Bean, Chair [beanjbean@aol.com](mailto:beanjbean@aol.com)

National Convention Race Walk Report  
Jim Bean, Race Walk Report [beanjbean@aol.com](mailto:beanjbean@aol.com)  
Honolulu, Hawaii

The 2008, 50k Olympic Trials, Saturday, February 9, 2008, will have in excess of \$50,000 in prize money. Plus the top 10-12 athletes will get airfare and hotel stays paid. This event has been moved from Palmetto Bay to Miami-Dade Parks and Recreation Department Crandon Park location.

The Eugene 08 Committee presented the course for the 20km racewalks for men and women. The course will start and finish on the Hayward Field track and loop up and down Agate Street in Eugene. There were some judging concerns. This has been a good course in the past and will need to be recertified for the Trials.

Beijing Olympics Race Walk Schedule  
(as of 23 November, 2006)

- Men's 20k RW - Saturday, August 16th
- Women's 20k RW - Thursday, August 21st

- Men's 50k RW - Friday, August 22nd

Standards:

Women's 20K: 'A' standard - 1:33:30  
'B' Standard - 1:38:00  
Men's 20k: 'A' standard - 1:23:00  
'B' standard - 1:24:30  
Men's 50k: 'A' standard - 4:00:00  
'B' standard - 4:07:00

Qualifying for the 2008 Olympic Games in the 20k and 50k Race Walks started on 1 September 2006. It will remain open until 23 July 2008.

USA OLYMPIC TRIALS:

Qualifying for the USA's Olympic Trials in the 20k and 50k will be somewhat simpler. The athlete need only achieve

the standards below in a USATF sanctioned race with 5 judges for a track race and a minimum of 6 judges for a road course in accordance with USATF rules. Races conducted on a road must be held on a USATF certified course.

#### US Olympic Qualifying Standards:

- USA 50K Olympic Trials (Men only) - 4 hours 45 minutes.
- USA 20K Olympic Trials –Men - 1 hour and 36 minutes
- USA 20K Olympic Trials –Women -1 Hour and 48 minutes 'A' standard; 1 hour and 50 minutes 'B' standard.

B standard will be allowed into trails if less than 16 'A' standards are met.

Qualifying for the USA's 50K Olympic Trials started on 1 January 2006. The qualifying period for the USA's 20k Olympic Trials for men and women will commence on 1 January 2007.

Race walking is up in the NAIA this past year with over 20 men qualifying for the outdoor championship.

The Final RW Grand Prix Standings for 2006 are on-line at the USATF Web Site - <http://www.usatf.org/events/2006/USARaceWalkingGrandPrixSeries/>

#### Top Money Winners are:

- Men: Matt Boyles
- Women: Jolene Moore

#### Junior winners are:

- Boys: Ricardo & Roberto Vergara
- Girls: Diana Rado

2007 Race Walking Awards Presented at the National Convention:

#### Captain Ron Zinn Race Walking Awards:

(Awarded to the top Male and Female race walkers in the USA.)

- Male: Kevin Eastler
- Female: Teresa Vail

#### Mike Riban Award:

(Awarded to an individual/group for outstanding service to race walking)

- Individual: Bart Hersey
- Top Association: Maine

#### Henry Laskau Award:

(Awarded to the top 16 to 19 year old race walkers in the country)

- Junior Male: Ricardo & Roberto Vergara
- Junior Female: Loren Forgues

#### Open Men's and Women's National RW Championships:

Feb 1 - USA 1 Mile Indoor Champs (M&W), NYC, NY

Feb 9 - \*Olympic Trials and USA 50 km RW Champs; Miami, FL

Feb. 23-24 - \*USA Indoor Track & Field Champs (5k M & 3k W), Boston, MA  
May 18 - Masters National 15km Championship; Riverside, CA  
Jun. 1 - \*USA 10 km RW Champs (OM, OW) - Albany, NY  
June 21-22 - USA Junior National T&F Champs (10km Men and Women), Columbus, OH  
July 5-6 - \* USA Olympic Trials (20k M & W) - Eugene, OR  
Aug 17 - USA 15 km Nationals (OM, OW) - Minneapolis, MN  
Sep. 14 - \*USA 40 km RW Champs (Sr. M&W, MM & MW) - Ocean Township, NJ  
Oct. 4 - \*USA 5 km RW Champs (JM & JW, OM & OW) - Kingsport, Tenn.  
Oct 12 - \*USA 1 Hour National Champs (Jr. M&W, OM & OW, MM & MW) - Waltham, MA  
Oct 26 - USA 30 km RW National Champs (OM&OW, MM & MW) - Hauppauge, NY (also Junior 20km Champs)

#### Still to be decided:

- World Cup Trials  
Tentative site and date - Stockton College, NJ April 6. Dave McGovern and Vince Peters will explore possible locations. (Note - Eugene, OR is the only other site being considered at this time)
- Pan Am Cup Trials  
Contingent upon dates of Pan Am Cup, possibly late March, early April.
- Masters 20km Championship  
Will contact Cliff Elkins and Arizona group

Oregon will put on the Western Regional One Hour Race Walk Championship for 2007. This event will take place on October 19 at Banks High School in Banks, OR.

Other Western Regional Race Walk Championships:  
April 12 - 10,000 meter (track) - NW Regional Masters and PNTF Championships [bevlaveck@aol.com](mailto:bevlaveck@aol.com) (Date not yet confirmed)  
May 18 - 15k Riverside, CA [davesnyder43@sbcglobal.net](mailto:davesnyder43@sbcglobal.net)

#### Judging and Race Walk Officiating:

Become a RW Judge - If you are a HS graduate you can become a USATF T&F Official. As you all know RW Judges are always needed. It is easy to do. The test is open book and everything you need is on-line.

#### Notice To Current RW Judges: -

The 2008 Olympiad is almost over. This is a good time to check your progress toward meeting your certification goal as a Judge. Please review Appendix 5 RACE WALK JUDGE CERTIFICATION PROCESS in the RW Officials Handbook - with regard to maintaining your current certification level and getting in enough officiating to advance to the next level. The Handbook (Appendix 5 starts on page 59) is available on USATF Officials training pages at: [www.usatfofficials.com/training/index.html](http://www.usatfofficials.com/training/index.html).

A newly formed racewalk club in Portland, Western Women Go The Distance, finished in third place for the women's team in the Race Walking Grand Prix, a national Grand Prix event for racewalking.

One final note: Jim Bean was selected to the Junior Team Staff for the USA/Canada meet.



## USATF Oregon Youth Committee Protocol for Code of Conduct Violations

- The incident should be reported immediately to the meet director or event director and an official, and youth committee chairperson.
- It will be the responsibility of the Youth Chairperson or his assignee to verify the complaint.
- If the complaint is valid the Youth Chairmen or his assignee will contact all members of the Youth Committee.
- The Youth Committee will determine if any sanctions should be implemented. The reference for any sanctions shall be the USATF Governance Manual.

# Youth Committee

Gail Kleinke, Chair otfnews@yahoo.com

## Youth Committee Report Gail Kleinke, Youth Chair otfnews@yahoo.com

In December we finished our cross country season and Paige Rice took honors for first place 2 years in a row, which is impressive since she moved up and is a first year midjet. There were several Oregon youth athletes becoming all Americans this season. The national results recap is at the end of the youth articles.

### Track and Field Season

We are once again requesting all clubs to help out at the Oregon Relays and the NW Youth Classic. We need you to send a minimum of 1 helper (would like 2 or more) that can assist head officials of the events. Everyone that helps at the Oregon Relays is a volunteer, but the NW Youth Classic Officials pay (low as it is...) lowers the amount of money that goes into the Youth travel fund. Doug Bowman, Youth Vice Chair, will be contacting clubs to get help at these meets.

As most of you are aware, this helps fund our youth athletes to go to the National Jr Olympic Track & Field Championships. The funds are limited and the disbursement amounts are figured by the following: those that apply, then needs and then ability.

### Association Meets

The long lines for signing up for the Regional Meet hopefully will go faster this year. We will accept the Jr Olympic Track & Field Meet entry form without the times/marks entered. Besides the form being filled out with athlete's information, we will only need the event and the place. We back up the meet results and mail the CD to the Regional Meet hosts and email the backup files, so they have all the meet information and what the athlete's

time and place are. This should make the lines move faster. BUT please make sure your athlete's date of birth has been verified by our executive director. When you sign up an athlete online, if there is a problem it will say MORE INFORMATION NEEDED. Do not wait until the last minute. Bring an extra copy of the birth verification to the leave with us at the meet. Once the information is verified by our executive director, he shreds the birth certificate for your safety.

While I am on the subject of the association meets... Our packet pick up ladies have both delivered healthy little girls. Kaylee was born August 22 and Addison was born December 1<sup>st</sup>. Congratulations to both of these families. Unfortunately, it may leave us short handed for the upcoming season. Please let me know if you can start helping out. My email address is listed in the header above.

### Pacific Northwest Regional Meets

The rotation of the Region 13 Track & Field Meet will continue as it has been with the following associations set for the Regional Track & Field Meets:

- 2008- INW
- 2009-OR
- 2010-PNA
- 2011-INW
- 2012-OR
- 2013-PNA
- 2014-INW
- 2015-OR

Rotation for Cross Country will be returning to the 3 year rotation that we follow for the Track and Field season. (We were on a rotation that Inland Northwest only hosted the meet once every five years). Oregon has always been able to handle having the Track and Field Regional Meet as well as the Cross Country Regional Meet in the same year, but not all associations may be able to handle that so there will be a adjustment to begin to calendar rotation.

This new rotation will be open to review by the Regional Coordinator to make adjustments if any association Jr Olympic Cross Country Meet drops below 100 athletes advancing to the Region 13 Cross Country Meet. (This does not include if one of these associations hosts the national meet).

Rotation for XC will be:

- 2008-PNA
- 2009-INW
- 2010-OR
- 2011-PNA

- 2012-INW
- 2013-OR
- 2014-PNA
- 2015-INW

Olympic Trials 2008 Eugene  
June 22<sup>nd</sup> through July 6<sup>th</sup>.

This is an event ONLY for Pacific Northwest Athletes (Washington, Spokane area, and Oregon). It has been announced that there will be a running event run for the Intermediate Boys and Girls at this meet. The event has not been selected but will be announced soon. The top 3 from each of the above associations will be selected to compete. Depending upon the date selected for the event, Oregon athletes will either be selected from the NW Youth Classic or the Oregon Association Jr Olympic Track & Field Championship. More information will follow. Watch our website!!!

USATF National Convention Report  
Gail Kleinke, Youth Chair otfnews@yahoo.com

Wednesday November 28<sup>th</sup>

Youth Athletics Meeting, Executive Committee  
Spectators are allowed into these sessions, but these meetings are working meetings for the committee and they prefer the spectators to let them discuss their business.

Thursday November 29<sup>th</sup>

Youth Athletics, General Session  
Lionel Leach, New York, was elected as National Youth Chair last year at the annual convention. Last year I commented on how little respect the youth delegates showed the Youth Board Members, and last year was NOT the first year I have noticed this. It had just reached a level that I felt it needed commenting on. For years, the youth delegates have been highly disruptive and argumentative and let's face it.... Down right rude!

This year though, right from the beginning things were different. Lionel greeted the delegates with respect (as others in the past have), and quietly asked them all to turn their cell phone to vibrate or off. He asked anyone that has a call to leave the room and take the call out in the hall if it was important. AND THEY DID IT! It was obvious that the Youth Board Members have been reaching out to Youth Chairs all over the United States and getting some respect for his actions. Bravo and a job well done (so far). I am hopeful that this new behaviour continues since it is very difficult to conduct any business when there is chaos and disruptions all over.

A new Youth Secretary had been named. The elected secretary from 2006, had to leave and a replacement was named, Susan Johnson. She is very efficient.

The agenda was given out, and we were allowed to add items to the agenda that would be taken care of on the last day of the youth meetings. I felt compelled to request discussion regarding our dwindling numbers of high school athletes and finding a solution to the Border Clash/Jr Olympic Cross Country Meet calendar problem. Our athletes are being presented with excellent opportunities for Cross Country Meets, but our entire youth program will lose out if we aren't willing to find a solution for our Association and Regional Cross Country Meets.

2009 World Youth Athletics Champs Staffing

The 2009 IAAF World Youth Athletics Championships are scheduled for July 8<sup>th</sup> through July 12<sup>th</sup> in Bressanone, Italy. The team staff will be selected from club coaches and administrators who participate in USATF Youth Athletics programs. High school coaches who are active in USATF Youth Athletics programs will also be eligible for selection. Coaches must have a minimum of 5 years coaching experience and at least 5 years of participation in the National Youth Athletics programs. Coaches must also have a minimum Level 1 certification and be a registered member of USATF. The coaching and managerial staff will be reflective of the gender and ethnic makeup of our organization and athlete population.

In addition, those selected for the team staff must also be willing to:

- Attend (at their expense) the 2008 Annual Meeting in Reno, Nevada December 3-7, to participate in planning session for the 2009 competition.

- Sustain a physically and emotionally draining schedule. International travel necessitates laborious security checks and long hours spent on multiple modes of transportation. It is also expected that the staff will spend extensive time at the track. To properly fulfill the staff role, the applicant must be able to withstand these demands as well as be in good condition to supervise adolescents. Applicants are required to provide a medical clearance from a family doctor stating that the applicant is physically able to perform the duties and responsibilities of the head coach, assistant coach, head manager or assistant manager position with no restriction or assistance.
- Attend (at their own expense) the 2009 USA Youth Outdoor T&F Champs to work individually with selected athletes and
- Forego attendance at their 2009 Jr Olympics Regional Champs if it is in conflict with the World Youth Champs

Successful candidates will also be obliged to provide or undergo:

- Criminal History background check
- Personal references
- Professional references
- Medical clearance

Team Staff Applications must be returned to the National Office no later than March 14<sup>th</sup>, 2008.

#### National Records

A National Records Report was given, and we have 2 Oregon Youth Athletes who set new records: For Youth Boys: Javan Gray, Emerald Valley TC, Javeline, new record 57.77 and for Intermediate Boys: Nathan Mathabane, Portland, in the 1500m with a new record of 3:54.02. Javan's record was set at the Region 13 Jr

Olympic Meet this last summer in Seattle and Nathan's record was set at the National Jr Olympic Meet in California. (Great job!)

Friday November 30<sup>th</sup>

Regional Coordinators Meet

Every year that I have attended the National Convention, we have been excluded from this meeting. And this year was no different, so no report....

Friday November 30<sup>th</sup>

Youth Athletics, General Session

2009 National Jr Olympic Cross Country Championships was awarded to Reno.

2009 Youth Athletics Outdoor Track & Field Championships was awarded to Detroit, Michigan.

2009 National Jr Olympic Championships was awarded to Greensboro, North Carolina

Saturday December 1<sup>st</sup>

Awards Breakfast

Oregon received a bronze award again this year BUT Oregon was also named Association of the Year for the outstanding job our association has done in promoting track and field.

Several Oregon athletes received awards (sorry if I missed anyone's name):

Masters LDR 80-84 John Keston

Masters Men Athlete of the Year 60+ John Altendorf and Emil Pawlik

Masters Women Athlete of Year 30-59 Monica Kendall

Masters Race Walkers of the Year Male Phillip Dunn

Men's LDR Athlete of the Year Ryan Hall

Saturday December 1<sup>st</sup>

Youth Athletics, General Session

2007 World Youth Championship Report

Team USA athletes received a total of 14 medals: 7 Gold, 4 Silver, and 3 Bronze.

2010 meet will be in Italy.

### Youth Committee Meeting Minutes

September 23, 2007

Red Lion Hotel, Salem OR

Call to Order: 1:00 pm by Gail Kleinke.

Attendance: Glenn Fortune, Chuck Orton, Dan Joynt, Ralph Greene, James Bean, Carol McLatchie, Jerry Westfall, Rob Kelley, Dorian Watts, Doug & Cheryl Bowman, Craig Rice, Dave Clingan, Roy Bridgmon, Jeff Hoskins, Jim McWilliams, Aaron Lamb, Gail Kleinke, Harry Simonis

Approval of Meeting Minutes: Motion by Doug Bowman, 2<sup>nd</sup> by Dorian Watts. RHTC

Old Business:

Club Representatives at Meetings getting one rep. from each club to attend association meetings so communication improves.

2007 T&F Recap/XC Meet Schedule/Brochure: Regional Meet schedule created stress with some individual athletes when they tried to do all events they normally would want to do. Coaches and administrators of each club help kids sign up for the athlete's most important events.

XC: Cross country meets are taking too much time. Dave Clingan (OCC) and Dave Lee (Warner Pacific) will have different

meet schedules. For 2008: Registration will start at 9am, walk throughs at 9:30, 1<sup>st</sup> race starts at 10:30am

#### Meet Brochure Changes

Track City will be at Alton Baker. Dave Lee will be xc contact for Lents Pk. Requested correction on directions, include website. Point raised that season begins too early to get athletes prepared for 1<sup>st</sup> race and arrange for facilities, so we will look at dates. Possibly having High Dessert Shootout looking to move to Oct. and include JO sections. Issue put on hold until calendar set for 08.

#### JO T&F Youth Travel Fund

Cost of officials at NW Classic cut into funds available for Travel Funds. Suggestion by Team Oregon that each club designate group to officiate a specific field event at each developmental meet that carries over to NW Classic. Motion by Laura Schwartz to follow suggestion of Team Oregon to assign teams field events; 2<sup>nd</sup> by Ralph Greene. Gail called for vote, passed unanimously.

#### Entrance Fee

Gail asked about charging entrance fee at NW classic. Motion by Dave Clingan to charge \$1 entrance fee; 2<sup>nd</sup> and passed.

2007 XC Association Champs Online: At Sandy HS. Regionals will also be at Sandy HS. Team Rosters need to be mailed to Peggy Squires, meet registrar. Declarations need to be 1 hour prior to race on Assn meet date.

Awards Nominations: Jeff Hoskins of Emerald Valley Track Club

Oregon Waiver Committee Report: Probably a lengthy discussion. Those interested can meet after the General Meeting to discuss this issue.

#### Club Assisitance:

- Coaches Meetings: Proposal to have head coaches meetings prior to season. Idea was to help out with expectations for parents & volunteers so everyone on same page. Also, to assist new clubs in getting started on the right foot (Doug asking for input from other coaches).

- Meet Management Class: Dan Joynt, STC has something posted on the web site.

- Parent Youth Guide: Gail asked for coaches/administrators to send her info on things that they cover for their parents. Gail wants the information by Feb. so she can post it on web site and we can download for new parents.

#### 2008 Track & Field Calendar

- Apr 19 TBA Tigard TC
- April 26 Salem Track Club Willamette University
- May 3 Oregon Relays Canby
- May 10 RHTC Sherwood HS
- May 16-18 State HS Meets
- May 17 TBA Tigard TC or Team Oregon
- May 24 SLM Combined Events Team Or?
- May 31 PSA (TBA)
- May 31 Vertical Vault (all jumps/throws) Cascade HS
- June 7-8 NW Classic Willamette University
- June 14 Emerald Vally/ 2Rivers Silke Field
- June 19-20 JO Assn Combined Events Site TBA
- June 21-22 JO Assn T&F Willamette University
- June 24-29 Youth Outdoor Nationals at Charlotte NC
- July 3-6 JO Regional T&F Meet at Spokane \*\*
- July 12-13 State Games of Oregon
- July 22-27 JO National T&F at Omaha NE

\*\*Meet Changed to July 10- July 13<sup>th</sup>

#### CROSS COUNTRY 2008

- Sept. 27 SLM at Bush Park
- Oct. 4 OCC at Reed College
- Oct 11 Warner Pacific at Lents Park
- Oct. 18 Team Oregon at Sandy HS and Track City at Alton Baker PK.
- Oct 25 Emerald Valley at Armitage Park
- Nov 1 State HS Meet or Team Oregon at Sandy HS
- Nov 8 JO Association XC Meet at Crooked River Ranch
- Nov 22 Regional XC Seattle
- Dec 13 JO XC Nationals

Meeting Adjourned at 3:00pm.

#### National USATF Youth Coaches Committee Report Laura Schwartz, Youth Committee Secretary National Convention 11/29/07 AT 3:00PM Honolulu, Hawaii

John Wissler, Youth Coaches Association Chairperson, called the meeting to order at 3:00pm.

2006 minutes were approved and passed.

First on the agenda, coaches background checks: How do individual Head coaches get volunteer assistant coaches to comply with the background check?

- Do not allow them to coach for a youth team.
- Inform them they are not covered under USATF club insurance.
- Enlist the help of your Association. (Each Association varies as to how deep they want the coaching background checks to go. It may be a team policy for coaching for a particular team).

- Entry into the National meets will require a USATF card designated with as a Coaches card, which requires a background check.

John asked Law and Legislation to field any questions concerning background checks. NO one in the audience had any questions for Law & Legislation.

Chris Dallager brought up a possible new rule: requiring inclusion of a coaches box for the Pole Vault at USATF National meets. Discussion ensued.

- Past Nationals have had a coaches box at the Pole Vault.

- Would requiring it at the National meets also make a coaches box at Regional and Association meets a requirement?
- Discussion left issue undecided.

World Youth Team Report was given by Mark Sizak:

- Meet went well for Team USA with the second largest medal count ever.
- The meet was well run and timely.
- The athletes stayed at a athlete village which he felt was an great opportunity for the our young athletes to interact with other countries athletes and was a much better situation than hotels.
- Mark felt the system for selecting athletes was not good and suggests using a new format, possibly a one meet format more like the trials.
- He encouraged youth coaches to apply for a position on the World Youth Team.

The USOC Youth Coach of the year for 2007 was announced: Booher Woods of Southern California Track Club was the selected coach for 2007.

Zone Coaches of the year for 2006 were announced.

- North East: Harry Penny
- South: Andrew Reynolds
- Mid West: Mark Jones
- West: Will Pittman

Ron Williams, Youth Coaches Association Vice Chair, spoke about increasing participation and membership in the Youth Coaches Association. His suggestions for increasing awareness and membership were;

- Set up a booth at the Youth Championships.
- Partner with the High School Coaches Association and include middle school coaches.
- Create a newsletter to be sent to all the Youth Chairs to deseminiate to their youth teams. Possibly expanding this to individual membership in the future.
- Urged that we help push membership at the Association level by getting Youth Chair's involved.
- Get a web site started or have a place on the National Web site.
- Increase communication with coaches that are already members and have better communication with new members.
- New members need to receive something that will help them promote the sport, like a DVD that can be shared with their community that helps create excitement for youth track.
- Create a purpose for the organization.
- Post an application on Fast Tracks, Finish Line, Track & field News, and Youth Running.
- Create and distribute a membership card (do away with the patches).
- Have shirts with Youth Coaches Association Member on them.
- Create pamphlets to hand out at National meets and/or to give to Associations to hand out at their Association and Regional meets. The pamphlet should have an application in it and information on how to attend the National USATF convention.
- Stuff in JO packages at pick-up with an application and information about the Youth Coaches Association.



## Sportsmanship Guidelines for Parents, Coaches and Others...

Coaches and parents are tremendous assets to our youth athletes in track and field and this association is extremely grateful for your cooperation, support, and loyalty. We expect athletes to hold themselves to high standards of sportsmanship as outlined in the USATF 2008 Competition Rule Book and expect parents, coaches and others will themselves serve as role models for our youth athletes by exhibiting high standards of sportsmanship as well. We must never lose sight of the fact that the participants in youth athletics are only "youngsters".

Officials and meet management personnel are there to help make this a positive experience for everyone, especially the athletes. Please treat them accordingly. The following guidelines should be adhered to at all times by athletes, coaches and parents:

- 1) Knowing and understanding the rules of track and field.
- 2) Showing respect for officials and their decisions.
- 3) Showing respect for opponents at all times.
- 4) Recognizing and appreciating the varying skill levels of all athletes participating.
- 5) Maintaining self-control at all times.
- 6) Showing a positive attitude when cheering.

Sanctions may be considered toward parents, coaches, and/or teams that do not adhere to these policies.

## Criminal Background Checks

Executive Director Harry Simonis    [usatforegon@msn.com](mailto:usatforegon@msn.com)

It is Mandatory that ALL Youth Club coaches and volunteers MUST submit to and pass a Criminal Background check Each Year to be eligible to participate in the Oregon Association of USA Track & Field's Youth program. Clicking on the 'clubs' link on the USATF/Oregon web-site will allow applicants to download appropriate application paper-work at [www.usatf-oregon.org](http://www.usatf-oregon.org)

New and Renewing Clubs will be listed as 'Provisional' until their coaches/volunteers have been screened through the Background screening check process. Clubs that have all their coaches/volunteers pass the screening checks will be listed as 'Fully Accredited'.

New or Renewal Youth Organizational club applications will NOT be processed nor accredited until all their Coach and Volunteer applicants have been processed through the Criminal background Screening check. This means, of course, that until the club paperwork is processed and accepted that Clubs will NOT have USATF insurance coverage. Once a Youth club has been accredited and then intends to add new coaches or volunteers, these applicants may NOT participate in the Club program UNTIL they have successfully passed the BG check.

'Provisional' clubs MAY NOT participate in any Junior Olympic Championships meets as a 'Club'. Individual Athletes from a 'Provisional' Club may compete as an 'Unattached' athlete only. Youth Clubs that violate this mandate risk being decertified as registered clubs of USATF/Oregon.

Parents/Guardians/Club Administrators can check to see which Coaches and Volunteers have successfully passed the Background screening check at [www.usatf.org/about/programs/backgroundchecks/info.asp?associationNumber=37](http://www.usatf.org/about/programs/backgroundchecks/info.asp?associationNumber=37) . Coaches or Volunteers that fail the Background screening process will not be listed as such.

Criminal Information Services, Inc. (CRIS) is the company we have contracted with to conduct an 'All State Super Search'. Jurisdictions searched include all available Administration of Courts, all available Department of Corrections, 50 state registered sex offender and kidnappers, California county criminal court index, and Interpol.

The USATF/Oregon Board of Directors has mandated that Coaches/Volunteers that have successfully passed the BG Screening check that at all practices and meets will be required to wear 'Credentials' similar to the ones presently utilized by the Officials Committee. The credentials will be provided by the Association and may be worn as a 'clip-on' or with a lanyard.

Please direct any questions you may have to the USA Track & Field of Oregon Association office Ph/Fax 541-504-1077 or email [usatforegon@msn.com](mailto:usatforegon@msn.com)

### Information Available Online Soon

- Ø 2009 IAAF World Youth Championships  
Coaches and Managers Application  
Must be received by March 14, 2008
- Ø 2009 Selection Process for Youth Athletes in International Competition Propodal
- Ø 2008 USATF National Jr Olympic Championships Hotel Reservation Information
- Ø 2008 Youth Outdoor Performance Standards
- Ø 2008 Jr Olympic Performance Standards

## USATF National Junior Olympic Cross Country Championships

12/8/07 - Rim Rock Farm - Lawrence, KS

### Bantam Division

#### Bantam Girls - 3 km

109 Waller, Makayla 98 Una Oregon, Lebanon, 14:13.19  
129 Schmidt, Elderkin 97 OCC "a", Portl 14:31.87  
162 Fruehauf, Sascha 98 Team Oregon, Corbett 15:23.84  
189 Doherty, Grace 98 OCC "a", Beave 16:28.88

#### Bantam Boys - 3 km

27 Lomax, Sam 97 OCC "a", Portl 11:55.22 13  
84 Keaney, Liam 97 OCC "a", Portl 12:55.48 42  
109 Felsher, James 97 Track City, Eugene, 13:13.00  
123 O'Donnell, Tyler 98 OCC "a", Portl 13:24.15 65  
127 Sealand, Daniel 99 OCC "a", Portl 13:27.52 67  
144 Kronberger, Gage 97 Track City, Eugene, 13:49.98  
145 England, Taylor 97 OCC "a", Hills 13:51.01 77  
161 Sealand, David 97 OCC "a", Portl 14:03.85 87

#### Team Scores

10 Oregon Cross Country "a", 264 13 42 65 67 77 87  
Total Time: 1:05:33.38 Average: 13:06.68

### Midget Division

#### Midget Girls - 3 km

1 Rice, Paige 96 OCC "a", Portl 10:58.57 1  
40 Hawkinson, Vivian 96 OCC "a", Salem 11:59.67 23  
104 Maffett, Sarah 96 OCC "a", Grant 12:49.36 55  
110 Holstrom, Annika 96 OCC "a", Sherw 12:51.28 56  
123 Mosman, Natalie 95 Emerald Valley, Euge 12:56.04  
124 Walsh, Shannon 95 OCC "a", Eugen 12:56.06 63  
152 Kearns, Rory 96 OCC "a", Portl 13:10.74 74  
153 Landreth, Samantha 96 OCC "a", Happy 13:11.64 75  
207 Maffett, McKenzie 96 OCC "a", Grant 13:52.88 96

#### Team Scores

6 Oregon Cross Country "a", 198 1 23 55 56 63 74 75 96  
Total Time: 1:01:34.94 Average: 12:18.99

#### Midget Boys - 3 km Updated 12/24/07

45 Sealand, Joshua 95 OCC "a", Portl 11:21.21 21  
74 Thompson, Kyle 96 Una Oregon, Portland 11:36.88  
88 Bowlin, James 95 Central Oregon, Bend 11:44.35  
89 Roberts, Nathaniel 96 OCC "a", Salem 11:44.78 43  
103 Maffett, Jeffrey 96 OCC "a", Grant 11:51.04 51  
137 Truax, Sam 96 OCC "a", Portl 12:09.39 68  
151 Sussman, Mark 95 OCC "b", Portl 12:15.08 75  
159 Trepte, Alec 95 OCC "a", Sherw 12:21.43 80  
160 Fuller, Duncan 96 OCC "a", Grant 12:21.52 81  
167 Doherty, Patrick 95 OCC "a", Beave 12:28.09 84  
184 Lawson, Samuel 95 OCC "a", Newbe 12:43.51 94  
190 Kearns, Gabe 96 OCC "b", Portl 12:49.01 95  
191 Teague, Sam 96 OCC "b", Beave 12:49.99 96  
224 Pahl, Jackson 96 OCC "b", Portl 13:23.72 112  
252 Tokarski, Quinten 95 OCC "b", Salem 14:32.95 124  
253 Miller, Michael 96 OCC "b", Newbe 14:34.46 125

#### Team Scores

14 Oregon Cross Country "a", 263 21 43 51 68 80 81 84 94  
Total Time: 59:27.85 Average: 11:53.57  
18 Oregon Cross Country "b", 502 75 95 96 112 124 125  
Total Time: 1:05:50.75 Average: 13:10.15

### Youth Division

#### Youth Girls - 4 km Updated 12/23/2007

14 Oliphant, Brit 94 Central Oregon, Bend 15:27.78 5  
56 Brauer, Ali 94 OCC "a", Corva 16:02.64 33  
65 Wolfe, Jessica 94 Central Oregon, Bend 16:14.63 40  
90 Demaree, Adrienne 93 OCC "a", Portl 16:36.41 57  
109 Fristoe, Megan 93 Central Oregon, Bend 16:45.45 65  
113 Friedrich, Kellen 94 Salem Track, Salem, 16:46.61  
120 Eddy, Becca 93 Emerald Valley, Euge 16:50.67  
129 Fristoe, Sara 93 Central Oregon, Bend 16:56.46 75  
130 Kelly, Kira 94 Central Oregon, Bend 16:56.80 76  
136 West, Sarah 94 Central Oregon, Bend 17:01.10 81  
155 Peterson, Krissy 94 OCC "a", Canby 17:13.55 93  
193 West, Veronica 94 Central Oregon, Bend 18:01.10 113  
196 Moehl, Keelin 94 Central Oregon, Bend 18:03.89 114  
197 Anderson, Christina 94 OCC "a", Beave 18:04.92 115  
216 Bingham, Leanne 93 OCC "a", Portl 18:30.42 124  
220 Kepten, Omer 94 OCC "a", Lake 18:43.11 128

#### Team Scores

7 Central Oregon Running Kl 261 5 40 65 75 76 81 113 114  
Total Time: 1:22:21.12 Average: 16:28.23  
12 Oregon Cross Country "a", 321 23 33 57 93 115 124 128  
Total Time: 1:23:51.06 Average: 16:46.22

#### Youth Boys - 4 km Updated 12/23/2007

41 Henry, Marcus 93 OCC "a", Portl 14:16.26 21  
75 Leep, Harrison 94 Southern Oregon, Jac 14:36.35 35  
89 Baker, Jackson 94 OCC "a", Portl 14:48.23 43  
121 Holstrom, Andy 93 OCC "a", Sherw 15:01.84 58  
123 Seibert, Neil 93 Southern Oregon, Med 15:03.18 60  
150 Brown, Nathaniel 94 OCC "a", Portl 15:19.74 76  
160 England, Ryan 94 OCC "a", Hills 15:25.07 82  
162 Schaaf, Isaac 93 Southern Oregon, Ash 15:25.96 83  
171 Normo, Nate 94 OCC "a", Sherw 15:32.47 88  
181 Pfaff, Jordan 93 OCC "a", Hills 15:37.44 94  
197 DeBow, Isaac 93 Southern Oregon, Med 15:43.39 100  
205 Minor, Dylan 94 Southern Oregon, Ash 15:52.32 106  
241 Keating, Erik 93 OCC "a", Astor 16:31.80 120  
279 Mundell, Christian 94 Southern Oregon, Cen 18:36.20 140

#### Team Scores

8 Oregon Cross Country "a", 280 21 43 58 76 82 88 94 120  
Total Time: 1:14:51.14 Average: 14:58.23  
14 Southern Oregon Sizzlers 384 35 60 83 100 106 140  
Total Time: 1:16:41.20 Average: 15:20.24

### Intermediate Division

#### Intermediate Girls - 5 km

49 Lundin, Austin 92 OCC "a", Hills 20:56.80

#### Intermediate Boys - 5 km

115 Bingham, Craig 91 OCC "a", Portl 18:21.43

### Young Division

#### Young Women - 5 km

32 Lundin, Jessica 89 OCC "a", Hills 21:00.62  
57 Steinbacher, Alexandra 90 OCC "a", Lake 22:14.75  
71 Clossen, Natalie 90 OCC "a", Hills 23:46