

2009 NW Youth Club Championships

For June 13 & 14, 2009

Please check the USATF/Oregon web site (www.usatf-oregon.org)
for any possible changes to this Schedule prior to attending the meet
Changes will be Highlighted in Yellow!

Event will run up to an hour early as schedule permits.

All Events will run youngest to oldest/female to male unless otherwise noted.

Current USATF rules will apply.

Any Open and Masters Athletes will compete with Young Men (YM) and Young Women (YW)

Track Events – Saturday

(S) = Semis.... (F) = Finals

7:30 am Packet pickup begins

8:00 am 3000m Racewalk (F) (YG-YB, IG-IB, YW-YM)

8:45 am 1500m Racewalk (F) (BG-BB, MG-MB)

8:45 am 800m Racewalk (F) (SBG-SBB)

9:15 am 100m (S) (ALL, if needed)

10:15 am 1500m Run (F) (ALL (no SB)

10:40 am 200m Hurdles (F) (YG-YB)

11:00 am 400m Hurdles (F) (IG-YW, IB-YM)

11:30 am 4 X 100m Relay (F) (ALL)

1:15 pm 80m Hurdles, (S) (MG-MB)

1:40 pm 100m Hurdles, (S) (YG-YB, IG-YW)

2:05 pm 110m Hurdles, (S) (IB-YM)

2:15 pm 400m Dash (F) (ALL)

3:15 pm 2000m Steeple (F) (IG-YW, IB-YM)

4:00 pm 4X800m Relay (F) (Midget & above)

4:20 pm 200m (S) (ALL)

Field Events – Saturday

8:30 Long Jump (BB)

Long Jump (MB)

High Jump (BG)

Turbo Jav (MG)

Discus (YB)

Shot Put (IB/YM)

Pole Vault (YG/IG/YW)

10:00 Long Jump (IB/YM)

High Jump (YB)

Turbo Jav (MB)

Discus (YG)

Shot Put (IG/YW)

11:30 Long Jump (YG)

Long Jump (IG/YW)

High Jump (BB)

Turbo Jav (BG)

Discus (MG)

Shot Put (MB)

Pole Vault (YB/IB/YM)

1:00 High Jump (YG)

Turbo Jav (SBB/SBG)

Discus (IB/YM)

Shot Put (BG)

2:30 Long Jump (SBB/SBG)

Long Jump (MG)

Turbo Jav (BB)

Discus (IG/YW)

Shot Put (YB)

Track Events- Sunday

(F)=Finals

7:30 am Packet pickup begins

8:15 am 5000m Run (F) (YM)

8:45 am 3000m Run (F) (MG-MB, YG-YB, IG-IB-YW)

10:15 am 100m (F) (ALL)

11:00 am 800m Run ((F) (ALL)

Noon 80m Hurdles (F) (MG-MB)

100m Hurdles (F) (YG-YB, IG-YW)

110m Hurdles (F) (IB-YM)

1:15 pm 200m (F) (ALL)

2:00 pm 4X400m Relay (F) (ALL)

Field Events -Sunday

8:30 Long Jump (BG)

Long Jump (YB)

High Jump (IG/YW)

Shot Put (MG)

Javelin (YG)

Hammer (IB/YM)

10:00 Triple Jump (IB/YM)

High Jump (MB)

Shot Put (YG)

Javelin (YB)

Hammer (IG/YW)

11:30 High Jump (MG)

Shot Put (BB)

Triple Jump (YB)

Triple Jump (IG/YW)

Javelin (IB/YM)

1:00 High Jump (IB/YM)

Triple Jump (YG)

Discus (MB)

Javelin (IG/YW)

Sub Bantams are allowed to do the following events:

100, 200, 400, 800, 800 RW, 4x100, LJ, Turbo Jav